

# **NEWSLETTER**

March/April 2024

This Newsletter is designed to celebrate Buderim, the Buderim War Memorial Community Association and all of its affiliates.

To stay up-to-date with all BWMCA activities you can follow us on Facebook:

www.facebook.com/buderimwarmemorialcommunityassociation

If you have anything you would like to contribute to our newsletter or 'What's On in Buderim', please don't hesitate to email the Editor at admin@bwmca.com.au by the 24th of the month.

Buderim War Memorial Community Association
50 Burnett St, Buderim | PO Box 156 Buderim Q 4556 | Ph: 07 5477 0945
Email: admin@bwmca.com.au | www.bwmca.com.au





## President's Message

Welcome to our March Newsletter.

Hello Everyone,

Well, Easter is here already. It is a very meaningful time of the year for a lot of people, not just a pleasant break partway through the year. So whatever way you approach it, I hope you find fulfilment.

The next meaningful event for all of us is, of course, Anzac Day. Our very competent, Anzac Day Subcommittee has been in planning mode for some months to provide the community with an opportunity to acknowledge the sacrifice so many of our finest have made, so that we may all live in freedom.

We will again be holding the very moving Dawn Service, at 5.30 a.m. in the Buderim Village Park. The street march, commencing at 8.30 am from the Woolworths carpark to the school oval will be followed by the Main Service in the school's pine forest and then morning tea in the Memorial Hall. Everyone is welcome.

Our Memorial Hall will be 100 years old later this year and the Management Committee has resolved to celebrate the milestone.

The first building on this site was a small building made of pit-sawn timber with a shingle roof built in 1888. This was replaced 36 years later by a new hall opened in 1924. There have been several additions and renovations to the building since then of course, to have what we see today.

The Hall Centenary Celebration subcommittee will be holding its first meeting on Tuesday 9th April at 10.00 a.m. in the CWA room at the hall.

Please come along and help to make this event something special. It is a community hall, and we would like the whole community to be involved in planning the celebrations.

Hope to see you then

That's all for now.

Errol Richardson
President





# **Editor's Message**

Welcome to the March edition.

Thank you so much to everyone who has contributed this month.



If you have any content you would like to submit for future newsletters, please ensure that you submit it by the 24th of every month.

Please check our website for Upcoming Events and if you would like anything added to this, please email admin@bwmca.com.au with the content and images to be uploaded.

Thanks

Roxxie Young - Newsletter Editor





# What's Happening at the Old Post Office

Hello,

Just like that. Easter is here.



A big thank you to everyone who purchased a ticket and to our raffle sponsors -Aussie World who donated a family voucher to the value of \$185.00, Simplee Sweet on

Buderim donated a \$93 voucher, Woolworth Metro Buderim donated some Easter Goodies just to name some of items in the raffles. The lucky winners where Eileen Sarney, Jenny McGrath (JP) & Primose (Picture with prize).

We still have a few copies of Ross Eason's new book, 'Four Five Five Six - The Buderim Region' available. This limited edition hardcover coffee table book is filled with wonderful photos and stories - a real treasure trove of Buderim's history.

We are trialling the JP service on a Friday - they will be at the OPO most Fridays from 10 am to 12 noon. Please call the OPO on 5477 0944 to check if they are on that day. The weather has not been kind so far for this trial.

Just a reminder to all of our valued affiliate groups - If you have a function or event coming up and would like to book the OPO veranda display window for a specific date, be quick. Spots (week) for 2024 are filling fast.

Did you know that we had a total of 625 visitors to the OPO during the month of February. Thank you to our hardworking volunteers assisting professionally helping those who walk through our doors.

Don't forget, the OPO is open from 10 AM to 3 PM, Monday to Friday.

Until next time, take care.

Roxxie on behalf of Steven **OPO-Coordinator** 

P: 5477 0944





Drop your old working mobile into the box at the OPO - help support DV **Victims** 



# Membership & Affiliate Membership Update

Thank you to all our members who have paid the annual subscription for 2024.

We have had a great renewal uptake from our Affiliates & Membership - thank you so much for your support. We are currently sitting on 80 members, 227 Life Members a total of 307 members and 53 Affiliate Groups.

Just a reminder to advertise in our newsletter we ask that Affiliate membership payments be received by 31st March.

We have had 2 new individual/family memberships and a new Affiliate Group The Vietnam Charity Group - join the BWMCA. Welcome and thank you for your support.

If you have any queries please email: admin@bwmca.com.au or (07) 5477 0945



TIME TO RENEW







## Justice of the Peace Service

The JP Service at the Old Post Office which operates each week from Monday to Thursday 10.00am to 1.00pm and trial for Friday 10am to 12pm is part of a state-wide network called "JPs in the Community" provided by the Department of Justice and the Attorney General.

January had 334 people attend the JP Service. Thank you to our volunteers helping these customers during the most horrendous weather conditions throughtout the month.

Our Buderim JPs are proud to be part of this very significant volunteer network.

Outside of these hours at the OPO please call 1300 301 147 or www.qld.gov.au/findjp to find a local JP.



## **VOLUNTEER RECOGNITION**

We see you! Thank you to Craig McMillan, Col Parker and Kevin Power for all the hard work behind the scenes at the hall - from meeting hall enquiries to hall maintenance, just look at this list!



## HALL MAINTENANCE MARCH 2024

- Sound system base speakers installed. Yet to be powered and data lines run and connected.
- Foyer doors to Church Street: the hinges were rebated and the door reseated. Doors now close correctly.
- Veranda step mats: secured in position with fibreglass non-slip strips.
- Concrete ramp from the car park: step yellow caution strip damaged; removed and replaced with yellow non-slip paint.
- "Weed and Feed" 20kg total applied to lawn area west. The area under the leopard tree was cordoned off to help with grass restoration.
- CWA room: AC unit filters cleaned. Unit performance was much improved.
- Library. One Fluoro light changed.
- BATS Entrance Hall South: outside walls and louvres cleaned. Happy Bat Cave for now.
- Stage access top step on either side: non-slip yellow adhesive tape renewed.
- · Veranda white rails: cleaning commenced.
- Toilet ceiling vents: cleaned.
- Pavers Hall outside area west. Pressure cleaning and diluted chlorine cleaning commenced. Last done July 2023. Looks to be a 6 monthly task.
- Weeds in paving areas around Hall treated, required regularly.
- One Hall table repaired; another possibly not repairable. (Ongoing mainten
- Foyer wall gyprock hole: repaired.
- Step wires, Church street steps: new turnbuckles. All wires now tensioned.

## **OPO (OLD POST OFFICE)**

- All three air conditioning units' filters cleaned
- All council garbage bins cleaned
- Entrance to OPO cleaned weekly from bugs, cobwebs etc



A huge thank you to all our volunteers at the OPO! We frequently receive compliments about the excellent visitor experience at the Community Information Centre. The sound of laughter from the team is truly heartwarming. We sincerely value all your efforts, both behind the scenes, helping Roxxie and on Facebook.

Were you aware that we have a dedicated events team that consistently assists at Welcome To Buderim, morning teas, and functions? Let's also give this team a round of applause for their hard work.





## REQUEST FOR COMMUNITY HELP

## 2024 ANZAC DAY MAIN SERVICE: REQUEST FOR SEATING USHERS







Eight volunteers are needed to help with directing seating at this year's Buderim ANZAC Service.

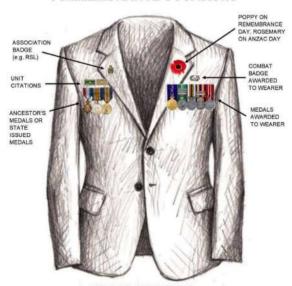
## **Details:**

- Main Service Thursday 25 April
- Buderim Mountain State School Pine Forest
- Duty 8:00am 9:15am
- Meet Seating Co-ordinator Peter Hall at Pine Forest Stage 7:45am for briefing.
- No meetings before or after ANZAC Day.



Please phone or email if available to assist or seeking more information. Many thanks, Peter Hall - 0407286905 pjajhall@bigpond.com

# WEARING MEDALS ON COMMEMORATIVE OCCASIONS



- MEDALS LEVEL, COAT BUTTONED UP
- Medals worn on the person's left side over their heart are their Awarded Medals.
- Medals worn on the right are for those of their ancestors.
- Medals are awarded individually to depict persons bravery, an event, or actions in war or Peacekeeping.
- The Poppy should be worn with respect on the left side, over the heart, on lapel.
- · The purple poppy remembers animal victims of war.
- Rosemary is an ancient symbol of fidelity and remembrance. The aromatic herb grows wild on the Gallipoli peninsula in Türkiye, where the original Anzacs served in World War I. Australians traditionally wear sprigs of rosemary as a symbol of remembrance on Anzac Day or Remembrance Day.



## REQUEST FOR COMMUNITY HELP

## 2024 ANZAC DAY MAIN SERVICE: WREATHLAYERS REQUESTED

Sunshine Coast.



# Buderim ANZAC Day Wreathlayers Requested

Please speak to Peter (details below) if you are available to lay a wreath at the main service

## **Details:**

- Main Service Thursday, 25th April @ 9 am
- Buderim Mountain State
   School Pine Forest
- On behalf of:

   Royal Australian Navy
   Australian Army
   Royal Australian Airforce
   Korean Veterans
   Vietnam Veterans
- Wreath provided
- Reserved seat for self & partner provided

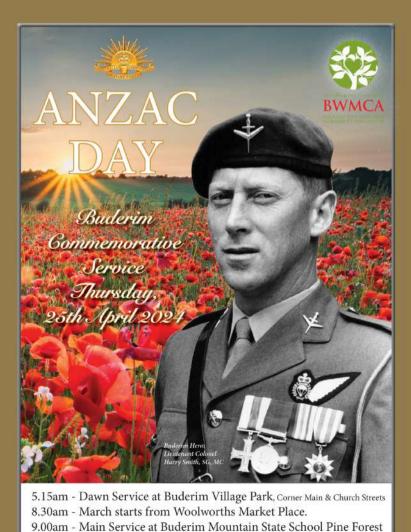


Please phone or email if available to assist or seeking more information.

Many thanks,

Peter Hall - 0407286905

pjajhall@bigpond.com



# What's On In Buderim









# What's On In Buderim

# existence ... being

an exhibition of fibre art



Grand opening and meet the artists Saturday 18th May 2.00pm Buderim Craft Cottage

The Buderim Fibre Art and Surface Design group are showcasing the biennial exhibition title "existence". The group have explored the concept of "being" expressed in the medium and techniques of fibre art. Members have been encouraged to produce large hanging textile works and 3D sculptural interpretations of "being".

Proudly presented as part of Sunshine Coast Council's Healthy Sunshine Coast program. Come join Zumba on Tuesdays 10:30am. Zumba is for taught basic, easy-to-learn movements to follow and dance along to at their own pace. Zumba has many benefits; it targets a variety of muscle groups at once so you burn calories while having fun. \$5 for pensioners/health care card holders & \$10 for everyone else. You can pay cash on the day or book online here: council.trumba.com/healthy-sunshine-coast/Zumba-with-When: Tianna Balmer 0421 833 971 zumbawithtianna@gmail.com Buderim War Memorial Hall 1 Main Street, Buderim Web:



## What's On In Buderim

# **AGATHA** HRISTIE'S TOWARDS

This nail-biting thriller set in the 1950's probes the psychology of jealousy in the shadow of a savage and brutal murder. A carefully unpeeled investigation before our eyes brings the story to a pointed ending.

AT THE BUDERIM WAR MEMORIAL HALL, CNR MAIN AND CHURCH STREETS, BUDERIM

#### PERFORMANCE TIMES:

19th, 20th, 26th and 27th April at 7.30pm 20th and 27th April at 2.00pm

#### TICKET PRICES:

Adults \$30, Concessions \$28, Members \$25 Groups of 8 or more \$25 (must be prepaid)

#### CABARET STYLE TABLE SEATING

BYO Nibbles-The Belfry Bar and kitchen will be open

#### **BOOKINGS ONLINE**

Go to www.batstheatre.com Or phone Alice on 0427 856 680 Or scan the QR code (see over)

## HONOURING FOUR BUDERIM ANZACS

Eric Foote, John Dahl, Peter Noels & **Dorothea Burnett** 



## PIONEER COTTAGE

Pioneer Crescent, Buderim



20th to 27th April 2024 11am till 3pm daily

## ANZAC DAY Thursday 25th April

10am till 4pm

Admission: Adults \$5.00, Children \$1.00



Lest We Forget





# **Autumn Family Day Event** Sunday 7th April 2024

Register online by midnight Saturday 6th April. Check in on the day at the venue by no later than 11:30am. Tournament starts at 12:00pm sharp. STRICTLY NO LATE COMERS!

BWMCA Main Hall - 1 Main Street Buderim QLD 4556

This is an open event for adult and junior players of all ages and abilities. This is a family-friendly tournament with 7 Rounds with an allocated time of 15 minutes on a digital chess clock or 25 minutes when adjudicated. This tournament is QJ Rated.

#### Prizes/Rating Groups

Medals will be awarded to 1st, 2nd and 3rd in each division, Best Junior Girl and the President's Encouragement Award. The number of prize groups will depend on the number of entries received.

#### How to register

Entry Fee: \$20 per player

Additional family members \$10 per player (includes parents or siblings)

Visit https://suncoastchess.com.au/online-registrations Locate the "Family Day Event" and follow the online bookings process.

A canteen with tea, coffee and light refreshments will be available. (Cash only)



https://suncoastchess.com.au/ events@suncoastchess.com.au

https://www.facel Suncoast-Chess-Club-Inc-189711771046917

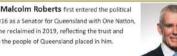


# Be inspired, be informed ...

SUNSHINE COAST Invites you to a community event with

Senator Malcolm Roberts (One Nation), & Dijana Dragomirovic (CEO of the Australian Medical Network).

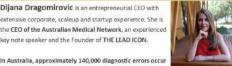
Senator Malcolm Roberts first entered the political arena in 2016 as a Senator for Queensland with One Nation, a position he reclaimed in 2019, reflecting the trust and confidence the people of Queensland placed in him.



His unwavering commitment to the principles of freedom, responsibility and service characterizes his political journe

Senator Roberts will discuss a very important topic of today Why are we facing increased costs of living?

Dijana Dragomirovic is an entrepreneurial CEO with nsive corporate, scaleup and startup experience. She i the CEO of the Australian Medical Network, an experience key note speaker and the Founder of THE LEAD ICON.



annually, resulting in an estimated 21,000 serious injuries and between 2,000 to 4,000 deaths.

Dijana's talk will address this pressing issue, and present solutions, stressing the urgent necessity for change in health leadership.

complimentary pass for you. "FREE entry to young adults age 12-16, when accompanied by paying adult. "Meet & Greet after the event. Tea / Coffee available for a gold coin donation.

MOVING FORWARD is an initiative from Sunshine Coast resident Abby Begeta These events aim to inform, unite and empower the Sunshine Coast community This is a non-profit event. Your ticket price is to cover the event outlays.

To find out what other speakers are coming in 2024 email team@mtwdsc.s

Saturday 13th April 2024 Doors open at 1.30pm for 2pm start

#### PLACE **North Shore Community Centre** 701 David Low Way Mudiimba

#### TICKETS \$15 per person through

https://buytickets.at/ movingforwardsunshine-coast Or scan the code



Places are limited.

TERMS & CONDITIONS OF ENTRY: Individuals, organizations and the groups are NOT permitted to promote their products, groups or services at our events without prior explicit written permission of the event organizers.

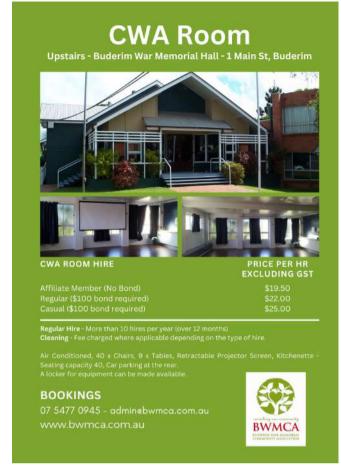
We respectfully request NO children under 12yo attend the event.

All email enquiries to: team@mfwdsc.com



## **BWMCA: WAR MEMORIAL HALL**









## **BWMCA Hall Update**

Look at our hard working hall maintenance Captains - Col & Kevin. They are always working on things behind the scene. Have you seen our new doors with the BWMCA branding?

Bookings are to go through Roxxie via email admin@bwmca.com.au or phone: 5477 0945.











## **BWMCA: WAR MEMORIAL HALL - Recurring Weekly Events**



## BWMCA War Memorial Hall & CWA Room Events For April

<b>Sun - 7th</b> Chess Family Day 11.30am	<b>Sat - 13th</b> Spirit of Leonard Cohen	<b>Fri - 19th</b> BATS Performance See Website	Sat - 20th BATS Performance See Website	<b>Thur - 25th</b> ANZAC Morning Tea	Fri - 26th BATS Performance See Website
Sat - 27th BATS Perfomance See Website					

## **4 PAWS ANIMAL RESCUE INC**

# 100% Volunteer run charity organisation!









Most of our animals come from Council pounds, some are surrendered or abandoned, others are saved from cruel living conditions.

4 Paws Animal Rescue is a dedicated not for profit organisation that offers sanctuary to homeless cats and dogs. 100% run by volunteers, our mission is to give these animals a second

4 Paws Animal Rescue cannot survive without generous donations, our wonderful volunteers and our foster families who take in animals, giving them unconditional love, training, nursing and rehabilitation so that they are ready for adoption.

# MEET **WENDY & STARDUST**

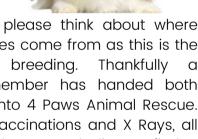
Two beautiful lady Chihuahuas, Mother and Daughter are seeking a foster carer. Wendy and Stardust are super sweet, quiet and affectionate. Unfortunately not having a great start to life, both come from a backyard breeding situation. 8 yr old Wendy (black and tan), can be a little timid at first especially around males and is a little unsure when she goes to new surroundings. However once she gets to know you, Wendy is affectionate and playful.

Stardust who is almost 7 yrs is Lilac and fawn. She likes to be near you, getting along with other dogs favourably. Unfortunately Wendy has mammary tumours which are common in breeding, non desexed female dogs. As well as being desexed and dental work she will be undergoing surgery for the tumours as well. Stardust requires to be desexed and have major dental work completed. All surgeries will have to be completed separately. Wendy has also shown a low positive result on heartworm test as well.

All surgeries, dental work, vaccinations will be paid for by 4 Paws Animal Rescue.



chance at a happy life.



On a separate note, please think about where your beautiful fur babies come from as this is the backyard breeding. responsible family member has handed both these gorgeous girls into 4 Paws Animal Rescue. After their surgeries, vaccinations and X Rays, all we would like is for these two ladies to find a loving and caring home. Can you provide that?

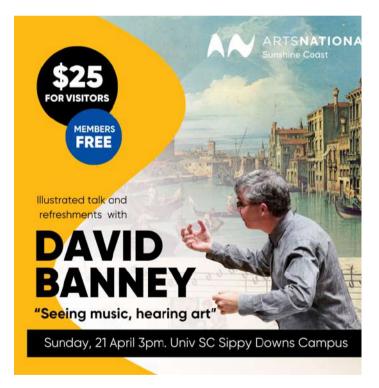


Julie Penlington - President PO Box 94, Maroochydore 4557 4paws@4pawsanimalrescue.org.au www.4pawsanimalrescue.org.au

## **ARTSNATIONAL SUNSHINE COAST (Formerly ADFAS)**

Don't miss Dr David Banney when he visits the Sunshine Coast in April. He will present "Seeing Music, Hearing Art" on Sunday21 April 2024 as part of Arts National Sunshine Coast Arts Talks series for 2024.

This art talk traces the major historical movements of the last 1,000 years, exploring the parallels between sound and visual images. How can we 'hear' perspective? How can we 'see' sonata form? What do Rothko's paintings sound like, and what does Philip Glass's music look like? And why does music always take longer to catch up? Leonardo and Palestrina, Picasso and Stravinsky, Debussy and Matisse – art and music are never produced in a vacuum, and the histories of art and of music have run similar courses, with music always a little way behind.



Dr David Banney, one of Australia's most highly regarded musicians and music educators, has taught music from primary school to post-graduate level and spoken internationally at conferences on music education. As a public educator he is best known for a weekly ABC radio show.



To attend our Arts Talk - Contact our Membership Secretary - Merle O'Rourke,

Email: orourke.merlej@gmail.com NOTE: New

Address

Phone: 0419 795 625

Venue - Uni SC Lecture Theatre F1, entry via Stringybark Road - Free parking.

NOTE: Pre-booking is required for each Art Talk for both Members and Visitors

Arts Talks are free to members.

It's easy to join us - contact our Membership Secretary - Merle O'Rourke

Email: orourke.merlej@gmail.com

Phone: 0419 795 625

Membership costs \$150.00 per year for nine arts talks, from March - November.

Visitors are welcome for \$25.00 per arts talk, Student \$10.00.

Wine and refreshments are available following each arts talk.

Find out more - see our 2024 program of art talks

## Website:

https://www.artsnational.au/societies/sunshinecoast/

Check out our Facebook Page for details of Arts Talks coming up

https://www.facebook.com/ArtsNationalSunshine Coast



Merle O'Rourke - Membership Secretary 0419 795 625 orourke.merlej@gmail.com www.adfas.org.au

## **BATS Theatre Company Inc**

Calling all AGATHA CHRISTIE fans - The wait is almost over!

Presented by BATS Theatre Company Inc. - The classic murder mystery TOWARDS ZERO

By Agatha Christie and Gerald Verner. Directed by Bruce Olive

It's been nine years since BATS Theatre Company Inc. last produced an Agatha Christie play. Back in 2015, Agatha Christie's, And Then There Were None was a huge hit with sellout shows. Nine years later, with the same director, the same costume mistress (Nancy Moule), and even a few of the same actors, TOWARDS ZERO is shaping to be another blockbuster for BATS, with a great cast, delightful settings, superb costuming and all the drama and intrigue you'd expect from a classic Agatha Christie murder mystery. Don't miss out. Secure your tickets now!

## Sessions:

- Friday 19th April at 7.30pm.
- Saturday 20th April at 7.30pm
- Friday 26th April at 7.30pm
- Saturday 27th April at 7.30pm

### Matinees:

- Saturday 20th April at 2.00pm
- Saturday 27th April at 2.00pm

#### Ticket Prices for these sessions:

Adults \$30.00. Concessions \$28.00. Members \$25.00. Bookings of 8 or more: \$25 each (must be prepaid)

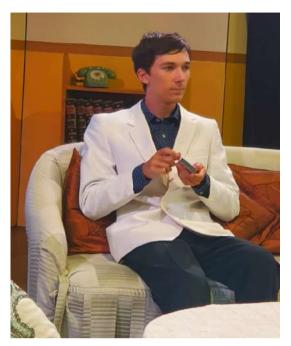
Table seating: The Belfry Bar and the kitchen will be open.

#### Where:

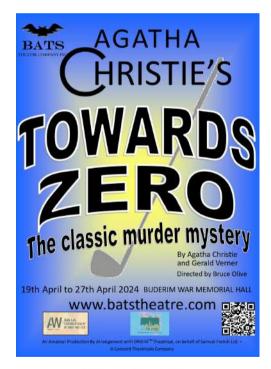
The Buderim War Memorial Hall, Cnr. Main and Church Streets. Buderim.

Bookings now open. Book here: https://www.trybooking.com/CPGJY

An Amateur Production By Arrangement with ORiGiNTM Theatrical, on behalf of Samuel French Ltd. - A Concord Theatricals Company



Nicholas Donnadieu-Madden playing Ted Latimer in Towards Zero





Alice Rae - President 0427 856 680

https://www.batstheatre.com/

## **BUDERIM CONTRACT BRIDGE CLUB INC**

## Celebrates 30th Anniversary.

To celebrate this day, President Sandi and her committee are creating a festive theme for members and visitors to enjoy on Friday 12 April 2024.

A Pro/Am competition will be held and throughout the day guests will enjoy a light finger-food lunch, followed by a cake cutting to honour our original members. Interesting anecdotes of how the club began and developed through the years will be regaled.

As a club, we recognise that the game is not just about competition but primarily about enjoyment, collegiality, and social interactions. heartened by the connections developed between many of our members as well as the challenge of the mental gymnastics required on our playing days.

Our Monday night sessions where no partner is required continue to increase as it provides a more relaxed atmosphere and a delicious supper served.

As membership continues to develop our club is assured of a strong future firm in the knowledge that bridge is the most popular mind sport in the world.





#### LOCATED:

USC Cricket Club Building Ballinger Park 176 Ballinger Road Buderim











Sandi Owen - President 0416 081 576 sandibeach284@yahoo.com

## BUDFRIM CRAFT COTTAGE

Buderim Craft Cottage's Valued Volunteer February was Glenys Everson. For the last ten years, Glenys has been working away voluntarily in the background at the Cottage doing something she enjoys: Bookkeeping for the Cottage. She became a member in 2010 and now participates in the Machine Embroidery (ME) and Patchwork (PW) groups.

A few years after Glenys became a member, Ros Franklin set up the MYOB program and was looking for a Bookkeeper. Glenys had worked in many organisations that gave her a wealth of bookkeeping experience. She didn't want BCC to have to pay for a Bookkeeper so she took on the role. How fortunate to have someone who enjoyed the figures and making iournal entries!

In her sewing time, she enjoys making guilts, holders for pens and tablemats and is motivated to use her machine in more creative ways at the moment. "I have boxes of fabrics I'd like to do more with at Machine Embroidery and Patchwork."

A special morning tea was hosted by the Machine Embroidery Group and a card, signed by members of each group, was given to Glenys to thank her for her marvellous ongoing contribution.

Coming Events:

## March

Buderim Easter Fair: Saturday 30 March 8am-2 pm Be sure to come along!

#### May

• Fibre Art Exhibition "Existence": Saturday 18 -Sunday 26 May





Examples of Glenys's machine embroidery



Easter Fair Saturday 30 March: 8am - 2pm

Come along to the Easter Fair at Buderim Craft Cottage precinct this year.

The Cottage kitchen will be OPEN for a cuppa and tasty treats!

Your hosts, Buderim Craft Cottage, Buderim Lions and Buderim Library promise to bring the precinct to life again this Easter Saturday.

I hope to see you at the Cottage where you'll be surrounded by handcrafts from their art and craft group members. A quality selection of fabric creations, pottery, paintings, silver jewellery, patchwork, calligraphy and so much more awaits your discovery.

Cheerio for now. Jenny Williams



Jenny Williams - President president@buderimcraftcottage.com.au www.buderimcraftcottage.com.au

## **BUDERIM FOUNDATION**



We are thrilled to invite you to join us in commemorating a significant milestone - our 20th birthday celebration! Since our establishment in April 2004, the Buderim Foundation has been dedicated to serving and building a stronger community, and we couldn't have reached this milestone without your incredible support.

We're marking this special occasion at our next Happy Hour:

Nibbles; curated to be even more special than our usual fare.

🐸 Birthday Cake; to toast 20 years of making a difference.

Entertainment

Our esteemed long-term Ambassadors, Judy Wild and Raelene Boyle, will be graciously hosting the event at their home, back to the beginning, where Happy Hours began:

🏦 Judy and Raelene's Home

1 27 Orme Road, Buderim

friday, 12th April 2024

😈 5:00pm - 7:00pm



Please RSVP by Tuesday, 9th April, via email to Susi at info@buderimfoundation.org.au or by calling 0474 220 895.

Your presence will make our celebration complete as we reflect on two decades of community collaboration, growth, and impact. We can't wait to share this momentous occasion with you!

We would love you to join in the celebrations!





Join us for an inspiring breakfast event featuring esteemed speaker Julian Burton OAM, as he shares his extraordinary journey of resilience and philanthropy.

Discover how Julian's harrowing experience in the 2002 Ball bombings fuelled his passion for giving back, leading to the establishment of the Julian Burton Burns Trust. Through unwavering commitment, Julian raised over \$20 million for vital programs nationwide, earning prestigious accolades including the Order of Australia Medal (OAM).

Transitioning from the Burns Trust to The Burton Foundation, Julian continues his philanthropic legacy, supporting South Australian community initiatives and championing causes for children, disadvantaged youth and medical research.

SAVE THE DATE BOOK NOW!

#### Wednesday 10 April 2024 7.00am start

at Headland Golf Club, Buderim



includes a delicious hot breakfast

Secure your place now! RSVP via email at info@buderimfoundation.org.au or call 0474 220 895. Tickets are limited and expected to sell out.













Rod McKinnon - Chair (07) 5456 1757 info@buderimfoundation.org.au www.buderimfoundation.org.au

## BUDERIM LOCAL AMBULANCE COMMITTEE (LAC)

The Buderim Local Ambulance Committee is doing its Final Practice Sessions for our First School delivery CPRA (Cardiac Pulmonary Resuscitation Awareness) training being delivered next week Thursday 28th to Grade 5 students at the Buderim Mountain State School.

There is the potential in the near future for wider introduction to Children's Total First Aid Training over their Years of Education, from Prep to Grade 6 with a Section Each Year.

It is called the ResQRoos program and was Developed over 10 years ago by two Local Ladies and their friends who registered the Copy Rights and donated future proceeds to the Local Ambulance Committees.

It has been reviewed and accepted by the State Education Department and the Queensland Ambulance Service.

A CPRA Course has been conducted at a Large Retirement Village in the area which I believe hopes to have 50% of the Village Residents able to respond to Emergency situations.

We have been advised that our region will receive the 3rd. Modified CPRA ambulance similar to the Unit which promoted CPRA to the public so successfully at recent Australia Day Celebrations.







Queensland Ambulance Service

## Calling for an ambulance

### In an emergency call Triple Zero (000)

In any emergency situation involving sudden illness or injury, it is essential that an ambulance is called immediately.

Call Triple Zero (000) immediately to activate the emergency services.

When a call is made to the Queensland Ambulance Service (QAS), a highly trained QAS Emergency Medical Dispatcher will ask a number of questions.

Remain calm while answering these questions and ensure that your responses are clear and concise.

The QAS Emergency Medical Dispatcher will provide you with first aid instructions, if required, and dispatch

Do not end the call until you are told to do so.

#### **Emergency contacts**

Ambulance, fire, police	Call Triple Zero (000)	
Non urgent ambulance transport (authorised by a medical practitioner)	13 12 33	
Deaf or hearing/speech impaired emergency number	106	
Poisons information centre	13 11 26	

The Queensland Ambulance Service (QAS) encourages you to be prepared for an emergency. Enrol in a QAS first aid course to learn vital life-saving first aid skills.

Enquire online at www.ambulance.qld.gov.au or call 13 QGOV (13 74 68)



Buderim

Hayley Mailman - Secretary 0499 181 901

hjm026@student.usc.edu.au

## **BUDERIM LIBRARY**

Well, our Easter Book Sale is almost here. It will be held in conjunction with the Easter Craft Fair on Saturday 30th March. The book sale will be held upstairs above the library from 8am to 2pm.There are plenty of great bargains, collectable books, lots of great fiction and a large collection of non fiction, children's and young adult books. Look forward to seeing you all there.



We have a fantastic Easter raffle, with loads of goodies (coffee mugs, egg cups, crackers, salmon, chips, olives, a large bunny rabbit and of course loads of chocolates) ready for Easter. Please make sure you come by and purchase a ticket. The raffle will be drawn at the Easter book sale.

If you are having difficulty reading the fine print, don't forget our library has a great range of large print books. New books are being added regularly. Also, we have audiobooks available as well.

The sale will be held upstairs in the CWA Room on Saturday 30th March from 8am to 2pm. There will be loads of bargains. Look forward to seeing you there.

If you would like to become a member of our library, please feel free to drop in and speak with one of our volunteers between Mon-Fri 9:30 – 2:30pm and Sat 9:00 – 12:00pm.





Our book buyers are regularly updating our collection of books, both fiction and non fiction. Here are some of our latest purchases:







Pam Winks - President 5445 3779 rpwinks@optusnet.com.au http://www.buderimlibrary.org.au

## **BUDERIM-PALMWOODS HERITAGE TRAMWAY INC**





## Buderim - Palmwoods Heritage Tramway Inc.,

Is holding an extremely popular show, not-to-be missed!

## A Buderim Night of Burlesque

22 June 2024

Get ready for a night of dazzling entertainment like no other!

Round up your friends, and book your seats or table.

This show is strictly one night only and will sell out!

So, book early to avoid disappointment!

See Poster for details.









Helen Cronin - President tram@buderim.qld.au https://www.buderim.com/tramway

## **GRADUATE WOMEN QLD SUNSHINE COAST**

## International Women's Day

More than 80 Branch members and guests celebrated International Women's Day at a Headland Golf Club breakfast on 9 March. Well-known local personality. Natoli, entertained quests inspirational presentation about her life and career. Since moving to the Sunshine Coast 34 years ago, Rosanna has had various roles in media and business, including lecturing in journalism at the University of the Sunshine Coast since 1999.

Rosanna recounted the challenges of her early years with Channel 7 TV News, working in a male-dominated environment with very few female colleagues as role models. She stressed the importance of women's fellowship, particularly in times of adversity, and her pride in the success of various women she had taught or mentored during her career.

An appropriately-aligned feature of the breakfast was the donations brought along by members for the (Supporting Teenagers **STEMM** with Education, Mothering and Mentoring) program at Burnside State High School. The program supports pregnant girls and young mothers in achieving their educational goals.

The breakfast also saw the launch of a special quilt raffle. The exquisite quilt, valued at more than \$500, was created and donated by Branch member Sylvia Hovey. Sylvia is an award-winning quilter, receiving first prize for one of her quilts at the 2023 Caloundra Quilt Show. Proceeds from the raffle will go towards the bursaries that the Branch awards each year to assist girls and women undertaking post-school studies. Tickets are \$2.00 each and are available from Bev Hinz 0427 947 668, <u>bev.hinz1948@gmail.com</u> or info@graduatewomen.org.au. The raffle will be drawn at the Branch's Bursary Brunch on Saturday 13 July.

The Sunshine Coast Branch of Graduate Women Queensland is a dynamic organisation for women graduates on the Sunshine Coast. The Branch focuses on the values of friendship, mutual support and intellectual stimulation between members. It also provides financial support for women and girls furthering their education. Membership is open to any woman who is a graduate of any university in any country. Please contact the Membership Co-ordinator on info@graduatewomen.org.au or visit GWQSC on Facebook for more information.

Rosanna Natoli & Wendy Ashley-Cooper







Bev Hinz & Sylvia Hovey with quilt



Patricia Harrison, Pamela Degotardi & Yvonne Koster



Emilia White, Ann-Mary Edwards, Carolyn Giovannetti, & Tricia Olsen







Connnie Sillaman, Paula Richardson & June Beasley





Wendy Ashley-Cooper President info@graduatewomen.org.au www.graduatewomen.org.au

### **BUDERIM VIEW CLUB**

#### **About**

Buderim VIEW Club was formed in 1993.

Currently, the Club sponsors eight Smith Family Learning for Life' students and is actively involved in fundraising activities to raise donations for The Smith Family programs.

We are always open to new members, so please get in touch today and come and see what it's all about.

Our function room is at the very centrally located Buderim Tavern. At our luncheon meetings we always have interesting guest speakers. New members are very welcome. Attending our club's events will help raise funds for educating students of underprivileged families.

On the third Wednesday each month we have a social activity/outing.

The Smith Family is a national charity helping young Australians in need to get the most out of their education, so they can create better futures for themselves.

The next monthly meeting & lunch will be held on Wednesday 3rd April 2024.

Name: Buderim VIEW Club Charity: The Smith Family

Venue: Buderim Tavern

Date: 1st Wednesday of each month

Time: 11 am for 11:30 am start

Cost: \$30 - Lunch and hire of Function Room
RSVP: Gail gai3@optusnet.com.au or phone 5476

7163 by the previous Saturday

Attending our club's events will help raise funds for The Smith Family, helping with education of students from disadvantaged families.

Presently our Buderim VIEW Club supports 8 school children.

Website: https://www.thesmithfamily.com.au/view-clubs/find-a-club/qld/buderim-view-club







Imogene & Donna - mother & daughter team who spoke about The Shack Story, which is a community service in Nambour to assist the homeless



Jenny J and Vice President Gail, who presented Jenny with her Delegate badge being on the 2024 Committee





L-R: Pat Nelleke, Livonia & Vice President Gail who presented the ladies with their 30 year membership badges





L-R: Sylvia, Betty & Vice President Gail who presented the two ladies with their 20 year membership badges



Diana Woolley - Publicity Officer 0407 030 254 dianawoolley@bigpond.com

https://www.thesmithfamily.com.au/view-clubs/find-a-club/qld/buderim-view-club

## **HEADLAND - BUDERIM CROQUET CLUB**

The weather is getting cooler and our croquet lawns are looking terrific. Croquet is a wonderful sport which can be played at any age or fitness level. Now is the perfect time to take up our offer of a free come-and-try. Call one of our friendly coaches - John Tusler (0410 552713) or Helen Rillie (0429 433339) to book in for your free session. Our members can't wait to welcome you!

Contact Sherry Tusler more information or visit our website.



Are you looking for a group activity that everyone can enjoy? Look no further!

Experience a fun Introduction to Croquet at Headland Buderim Croquet Club.

During a two-hour session, participants will have the opportunity to learn the ins and outs of croquet from our experienced players. We'll provide all the necessary equipment. All you need to do is show up.

Location: Headland Buderim Croquet Club, Syd Lingard Drive

Buderim (opposite the Bowls Club)

Cost: \$15 per player (spectators are free)

shorts/trousers/leggings and comfortable top,

covered shoes and a hat.

To book a group session or to inquire further, please contact Sherry Tusler at hbcroquetclub.secretary@gmail.com or on 04211 93828.

For more information about our club visit our website at www.croquetqld.org/clubs

We can't wait to host your group for a memorable session of croquet fun!

Club Address: Syd Lingard Drive, Budenin, Qld 4556 Phone: 0421193828

Email: hbcroquetclub.secretary@gmail.com ABN 42 581 650 608





Proudly supported by Sunshine Coast Council's Grants Program.









Sherry Tusler - 0421 193 828 hbcroquetclub.secretary@gmail.com www.croquetald.org/clubs/headlandbuderim

## **ROTARY CLUB OF BUDERIM**

On Thursday 7th March, at the Mercure Hotel Birtinya, Buderim Rotary members, past members, family and friends celebrated the 30th anniversary of the Club's charter. On the 13th of September 1993, the Rotary Club of Mooloolaba voted to form a new Rotary Club, likely to be known as the Rotary Club of Buderim, and agreed to hold an 'Interest Meeting' at the CWA Hall Buderim. The rest, as they say, is history.

On the 27th of March 1994, Rotary International chartered the Rotary Club of Buderim with 27 members. The Charter was presented to the Club's Charter President, Patrick White, at a dinner meeting at the Big Pineapple. Since then, over 150 Club members have channelled their commitment to service above themselves, to the betterment of the local community, nationally and internationally. Of the original members, Bob Acaster, Lynne Phillips and Paul Tanner remain as full members, and Graeme Ensoll is an Honorary Member.

Most locals are aware our club organizes the Buderim Australia Day activities each year, and they see our blue BBQ trailer at various events, however many are not aware of our contributions both locally and internationally since the Club's charter. The Club's focus is always on where we can make a positive difference, and in fact, over the years we have raised well over \$500,000 to fund this focus.

In 2011 the Club rattled tins in the main street of Buderim raising over \$20,000 for Qld flood victims, and eleven years later they were at it again for the 2022 floods.

The Club commits to improving the health of our community, and so helped establish Bloomhill Cancer Help Centre when it was started by member and director, Margaret Gargan, with painting, gardening and even converting the old tennis court into a carpark. Intending to help improve local men's health, the Club helped instigate the Buderim Men's Shed, now the biggest in Australia with over 300 members. Along with the Men's Shed, they formed a joint venture to provide kerb-side numbering for local houses. They also distributed and collected Bowelscan kits for the various pharmacies in the area.

Whatever the size of the project, whether it be the construction of two shelters in Buderim Forest Park, sand pits at local Primary Schools, or providing medical aids for local residential aged care facilities, these are the projects that draw Club Members together to improve the quality of life in our community.

The Club has always had a strong focus on supporting the youth in our community, from participating in the Roadside Youth Driver Awareness program for local senior students, to sponsoring students to attend the National Youth Science Forum, the Rotary Youth Leadership Award, and Rotary Program of Enrichment. The positive difference these programs have on our young people is evident when they return to our club to recount their experiences.











Whole

Group

While much of the Club's focus is local, it also contributes to significant programs and humanitarian missions on a world-wide scale such as the eradication of Polio which commenced in 1985 and is nearing completion. Rotary's initiative to eradicate the world of Polio is the biggest undertaking of any organization, either government or ongovernment, and Rotarians consider it to be their gift to the children of the world, now and in the future.

In 1997 the Club collected and helped refurbish unused bicycles on the Sunshine Coast that were shipped to the Solomon Islands to be used as transport by the local nurses. The following year members were involved in a Rotary Australia World Community Service project on Ferguson Island in PNG which involved the construction of a two-story, four classroom, teaching block at a local school.

More recently, the Club has played a vital role in providing water filtration devices known as 'Lifestraws', raising over \$90,000 for their distribution to the Philippines in the wake of Typhoon Haiyan, and further distribution to Fiji and Nauru, and, with the help of a Rotary Foundation District Grant, in 2015 supplied repellent impregnated mosquito nets to the people of Siaya, Kenya to help tackle malaria.

Since its charter thirty years ago, members of the Rotary Club of Buderim can proudly say they have adhered to the Rotary ethos of 'Service Above Self' and made a positive difference. While the 'sense of purpose' is the cement which binds the Club, the friendships formed and the feeling of belonging to something which is fostering good will & harmony across the globe, attribute to the Club's longevity.

Buderim Rotary meets Fridays at 12.15 for 12.30pm meeting at the Buderim Tavern Function room for lunch and a guest speaker. Members do not have to attend every meeting, but value having weekly meetings available. Guests are very welcome and are asked to contact the club via their website <a href="https://www.rotaryclubofbuderim.com">www.rotaryclubofbuderim.com</a> so lunch can be organize for them.

Cathy McKenzie - Club Service Director camckenz@bigpond.net.au Phone: 0413 456 337

www.rotaryclubofbuderim.com



MAGNOLIA HEALTH

www.magnoliahealth.com.au

# High Tea Fundraiser Raises Over \$11,000 for Endometriosis Support



Created for the Community, by the community.

Our 2024 Charity High Tea fundraiser event on Sunday 24th March at the Headland Golf Club was a huge success!

Thanks to very generous contributions and support, we are thrilled to announce that together, we raised over \$11,000 for Magnolia Health.

This incredible sum will enable us to continue our mission of supporting locals navigating pelvic pain conditions like Endometiriosis that affects 1 in 7 women.





Held during Endometriosis Awareness Month, the event was hosted by MC Jordana Grace and featured guest speaker Isabella Gosling, founder of the podcast Lets. Talk. Period.

Prizes were given to best dressed in the colours yellow & purple and judged by Cher Harck from Elmari Boutique.

Our next event is for the community and family friendly. It has been made possible thanks to the Buderim Foundation and you're invited!! For more information about the "Buderim Walk for Endo" please see our newsletter flyer.

Magnolia Health Initiatives



Annual Charity High Tea Fundraiser

Walk for Endo

Wellness Retreats

Pelvic Pain Conference

Post Surgery Care Packages

Support Group Gatherings

hello@magnoliahealth.com.au www.magnoliahealth.com.au 0423 340 696



## ORIANA ARTS INC

# MAMMA MIA! IT'S A CRAZY LITTLE SHOW CALLED DANCING QUEEN

If you could have been in Oriana's rehearsal room, unseen, listening to the choir rehearsing last night, you could be forgiven for thinking that the performance was just a few days away. Sitting at the back of the room, listening to the Oriana Ladies working through one of their featured numbers, the sheer beauty of the sounds they were producing sent shivers through me. And the thought that came to me was, "Oh my goodness! If they sound this good now, what will they be like in two months?"

There is something indefinable about the music of ABBA and Queen. Over the decades since they were current performing and recording entities, so much history, mystique and cultural baggage has attached to them - ABBA's spectacular and often outlandish stage apparel; Freddie Mercury's larger-than-life stage persona; the scale and spectacle of Queen's live performances; history enshrined their documentaries and movies like "Bohemian Rhapsody"; ABBA's music and image referenced in "Muriel's Wedding", "The Adventures of Priscilla, Queen of the Desert"; the stage and film versions of the hit musical "Mamma Mia!": and so much more.

But at the heart of it all, is the music. That is where the magic truly lies. And even though both bands were part of the 'spirit' of the 70s, and into the 80s, the music is timeless. That has been demonstrated by the generations who have come to know and love the music in the years since it first appeared.

Oriana is tapping into that magic. The music you will hear in Dancing Queen: A Tribute To ABBA And Queen – all those wonderful ABBA and Queen songs presented in a choral setting, with a rock band as accompaniment – has lost none of its magic and excitement in translation. Oriana members' passion for this music, and their determination to give audiences an unforgettable, spectacular experience, is palpable. The rehearsals have a sense of anticipation about them. It's as if the Choir can't wait to bring you this wonderful banquet of entertainment.

If you love ABBA and/or Queen, you don't want to miss this. And if you're not a fan, who knows, this show could well be your conversion experience. It's just a crazy little show called Dancing Queen!



### Performances:

- Saturday, May 11th, 1:30pm & 7:30pm Stella Maris Performance Centre, Maroochydore
- Saturday May 18th, 1:30pm & 7:30pm
  The J, Noosa Junction

For bookings and information, go to www.oriana.org.au

Oriana is proudly supported by FC Lawyers and Storage Direct Sippy Downs





Melissa Innes - President 0419 258 027 president@oriana.org.au https://www.oriana.org.au/

## ST MARK'S ANGLICAN CHURCH

#### **EASTER SERVICES 2024**

@ St Mark's Anglican Church Main Street Buderim

Service times are:

24 March PALM SUNDAY: 7.00am and 9.00am

28 March MAUNDY THURSDAY: 5.00pm

Holy Communion and Foot washing

6.00pm - 9.00pm

Vigil (including Compline at 8.30pm)

29 March GOOD FRIDAY: 9.00am

Solemn Liturgy for the Passion and

Death of the Lord

10am - 11am

Vigil

31 March EASTER SUNDAY: 5.30am

Lighting of the new fire with renewal of

baptismal promises and Holy

Communion

7.00am

Holy Communion

9.00am

Holy Communion

On the 21st April 2024 we will be celebrating St Mark's Holy Patronal Feast Day. 25th April is actually St Mark's, Evangelist and Martyr Day, but due to Anzac Day we celebrate this Feast Day on the Sunday prior.

There will be only one service at 9am on this day where we will be commissioning the new Parish Council and Mothers Union members.

Following the service we will be celebrating in the Church hall with a two course luncheon.

We warmly welcome visitors and the community to celebrate this season together in 2024







St Mark's Anglican Church Buderim 7-17 Main Street, Buderim Q 4556 PO Box 43 Buderim Q 4556

P: (07) 5445 2060

E: buderim@anglicanchurchsq.org.au

## SUNSHINE COAST CHORAL SOCIETY



The Sunshine Coast Choral Society is in the final of rehearsals for their upcomina "Magnificent Melodies in May" concert. Conductor Donna Langford has created an exciting program headlined by John Rutter's Magnificat and Edward Elgar's From the Bavarian Highlands. John Rutter CBE (born 24 September 1945), is an English composer, conductor, editor, arranger, and record producer, mainly of choral music. He is known for his lush harmonies that combine his diverse musical interests, from early music like Bach, English choral music, French composers like Fauré, Spirituals, jazz and The Beatles.

These large works will be supported by the haunting Cantique de Jean Racine by Gabriel Fauré and a few surprises, a wide variety of music that you will tap your toes to, hum a melody as you leave, or sway in your seat with a familiar melody that you may have heard as a bride walks down the aisle.

Our sixty-plus voice choir will be accompanied by accompanist Izack Senbruns and an orchestral ensemble of seventeen players especially gathered for this performance.

This is a concert not to be missed, so note Sunday 5th May at 2 pm in your social calendar, and we look forward to seeing you at Stella Maris Primary School Hall, Maroochydore.







Donna Langord & Izack Senbruns

For booking information, please see our flyer in this newsletter. Tickets will also be available at the door.

For further information about the choir and to stay up to date with Choral Society performances, visit website: our www.suncoastchoral.org.au follow us on Facebook or Instagram or phone our President Andrew on 0427 768 067 or Secretary Christine on (07) 54785546.





## PAWS FOR A CAUSE

We are pleased to announce SCARS' annual Paws for a Cause Long Lunch will be returning to the Coast on Saturday 18 May and will be held in the gardens of the Bloomhill Wellness Centre in Buderim.

Now in its fifth year, P4AC is our biggest fundraiser, raising vital funds to support rescue cats and dogs who end up at SCARS through no fault of their own. This important event wouldn't be possible without our amazing local community who attend and the sponsoring businesses, with special mention to our major sponsor Bassett Barks PTY LTD and 92.7 Mix FM.

More than just a simple lunch, guests will enjoy a three-course finely catered meal presented by Thistle in the Woods. Tickets also include all the drinks - featuring wines from Flamehill Vineyard and beer from Blackflag Brewing. Guests can win phenomenal prizes from our auctions and raffle and support our furry friends in many other ways.

Ticket numbers are limited with only 100 seats available. We will also be selling very limited early bird tickets for just \$135 until 27 March after which general tickets open for \$150.

Join us for another wonderful year for Paws for a Cause by visiting Eventbrite on <a href="https://bit.lv/SCARSP4AC24">https://bit.lv/SCARSP4AC24</a>











Minnie is an adorable senior Staffy. She is 9 years old and too old to be sitting in a shelter waiting for a forever home! If you love your staffies you will love Minnie. She loves people and having a 'chat'. She is great on lead and although prefers to live as the only dog, she doesn't mind coming across dogs on her walks. Please contact us for more information or simply pop out to meet her. We are open 10am – 5pm Tuesday to Sunday.

Sunshine Coast Animal Refuge Society (SCARS) is a local not for profit animal rescue with an onsite Shelter and a significant foster based rescue program.

SCARS has been operating on the Sunshine Coast since 1979 and rescues and rehomes approximately 1000 cats and dogs every year. Most of our animals come from the local council pound with others being surrendered by residents on the coast experiencing homelessness and financial hardship.

SCARS is not government funded so relies heavily on the support of our community...our SCARS family. If you are wanting to support SCARs and the valuable work we do for abandoned animals, please consider fostering, adopting, volunteering or donating.

## **Sunshine Coast Animal Refuge**

28 Sippy Creek Rd Tanawha QLD 4556

www.sippycreek.com.au office@sippycreek.com.au (07) 5494 5275









Over 40 years of finding forever homes for Sunshine Coast cats and dogs

## SUNSHINE COAST ART GROUP

SC Art (Sunshine Coast Art Group) is holding their first Veranda Market for 2024 on Sunday 21st April, at their studios, at 1 William Parker Place, Buderim (at the bottom of the hill).

With over 30 tables, our members will be selling their creations – paintings, pottery, knitted craft. Come join us and enjoy the atmosphere – bring a friend, and chat with our members.

Find that perfect gift in time for Mothers Day from a great selection of items to buy and, support local artisans.

Free entry; and on site parking available.







# Häppy Eäster





Cath Aronsten - President info@sunshinecoastartgroup.com.au https://sunshinecoastartgroup.com.au/

## SUNSHINE COAST QUOTA CLUB

We visited <u>SunnyKids</u> to donate much-needed items for children in need across the Sunshine Coast! Our members put on their creative hats and made sock monkeys and carry bags to make the kids smile. SunnyKids provides vulnerable children and families access to life-changing help and services. It's our pleasure to be able to support this fantastic orgnisation helping those less fortunate in our community.



The proceeds from our Pop Up lunch in November and our recent Trivia Event will be donated to IFYS and the Sleep Bus.

Thank you to all who attended those events helped us to raise much needed funds for these organisations.

If you would like to find out more about our organisation please do not hesitate to contact us either by Facebook or email.

sunshinecoastquota@gmail.com

We meet on the 3rd Wednesday of every month at the Creek Tavern at 6pm.

Our next big event is our Fashion Parade to be held on Saturday 13th April at Caloundra Powerboat Club commencing at 10am. Cost \$25 pp.We are also collecting old phones for DV Safe phones and sanitary/toiletry items for Share the Dignity. The proceeds from this event will be donated to SunnyKids and Orange Sky Laundry. Please come along for a great morning of fashion from Onyx Poppy and a scrumptious morning tea. Please purchase your tickets online. Here is the link:-

https://events.humanitix.com/quota-fashion-parade



Lyn Moore - President 0400 086 336 sunshinecoastquota@gmail.com Facebook: sunshine coast quota

## TAOIST TAI CHI SOCIETY

Buderim and Sunshine Coast residents have felt the benefits of Taoist Tai Chi classes at the War Memorial Hall for over a decade. Here is what two participants have to say:

## Tai Chi boosts health and relieves pain

- "Since starting Taoist Tai Chi I have noticed my mind is sharper from the process of learning something new, my back is strengthening and giving me less pain and my balance has improved so much I have noticed it at work and in my surfing. I wish I had started years ago instead of close to retirement." (Mal in Buderim)
- "Since beginning Taoist Tai Chi classes in March 2023 I have noticed that my pain, stiffness, and tenderness especially in my spine have improved to the point where I no longer need pain medication. The most notable improvement has been my flexibility. My hip has improved as indicated by the fact that I no longer wake with pain during the night, and I can straighten my right leg for the first time in years. My confidence has increased with my mobility." (Karen in Ninderry).

A new beginner course will start at the Memorial Hall on Monday 29 January 2024, at 10:30 am. The sessions are suitable for all ages, and designed for brand new beginners to experience Taoist Tai Chi and its many health and meditation benefits. Your first session is obligation-free.

Pre-registration is essential email <u>sunshinecoast@taoisttaichi.org</u> or phone 1800 108 801.

The Society also offers sessions in Caloundra, Eumundi, Maroochydore and Nambour. Visit <a href="https://www.taoisttaichi.org">www.taoisttaichi.org</a> for more information.

The ancient art of tai chi involves a sequence of slow continuous movements which improve balance, flexibility, and well-being. Tai chi works as a moving meditation that helps body and mind to become supple and strong. The Harvard Medical School has stated that 'tai chi is one of the best exercises you can ever do'.

These sessions are offered by the Taoist Tai Chi Society, a not-for-profit, charitable and volunteer organisation founded by Master Moy Lin Shin. The Society has over 50 years' experience in making tai chi available in 25 countries around the world.





Simon Matters
1800 108 801
sunshinecoast@taoisttaichi.org
www.taoisttaichi.org

## WELSH SOCIETY OF THE SUNSHINE COAST

March 1st is a significant day in the Welsh calendar. It's the day we associate with our patron saint, Saint David or Dewi Sant.

The festival celebrating Dewi Sant is Gwyl Ddewi. Our society celebrated Gwyl Ddewi on Sunday March 3.

This year's Saint David's lunch, appropriately knowing Saint David's love of doves, was held in the Birdcage Room at the Parklands Tavern, Meridan Plains. Our President, Evan Jenkins, welcomed everyone to our special lunch.

We sang the 'Hen wlad fy nhadau'/'Land of my Fathers' with gusto and more than thirty enthusiastic attendees.

Later on, we had a fun singalong aided by Emrys, Wendy and YouTube. Gareth Evans led us in Cwm Rhondda by singing Anne Griffiths' opening verse in Welsh. Then we all joined in by singing 'Guide me o thou Great Jehovah' also known as 'Bread of Heaven'.

Life member Ray White informed and entertained us with anecdotes of his long and successful career in the police force that culminated with him being in control of police in an area comprising three Welsh Counties.

Susan James organised a Tombola. It's an ancient gambling game that we hope is legal. There were some delighted winners and no sore losers. President Evan again demonstrated his prowess at baking Welsh Cakes (Pice ar y maen) and Grace Roberts donated delicious loaves of Bara Brith to the sweets table. Both delicacies were devoured in record time.

So that was it for another year. A good time was

had by all.















**Emrys Jones** 0408 778 743 emando@bigpond.com www.welshsunshinecoast.com

## **BWMCA Affiliate Groups**

## **Community Groups**

- 4 Paws Animal Rescue Kate Buckley, (07) 54 771 718
- Buderim Scouts Nicole Long, 0449 944 074
- Buderim Library Association Pam Wicks, 5445 3779
- Buderim VIEW Club Antionette O'Connor 0438 199 674
- Coastal Caring Clowns Dr Robin Redknap, 0458 773 387
- E.J Foote Sanctuary Geoffrey Hole, 0415 265 534
- Sunshine Coast Animal Refuge (SCARS) Penny Brischke 0438 003 521
- Sunshine FM 104.9 Mary Glover 5450 1049
- Sunshine Coast Dementia Alliance Jacinta Roberts, 5353 5275

## **Community Support**

- Buderim Foundation Susi Du Toit 0474 220 895
- Buderim Private Hospital Auxiliary Gail Mackenzie 0406 537 290

## **Religion - Churches**

- St Mark's Anglican Church Ven Dr Lucy Morris, 5445 2060
- Uniting Church, Buderim Patricia Williams

### **Education**

- Buderim Community Kindergarten- Hayley Chesham, 0468 940 711
- Immanuel Lutheran College Louise Ford 5477 3419, 0409 757 440
- Sunshine Coast Grammar School -Mark Henricks, 5445 4444

### **Business**

- 4556 Chamber of Commerce Donna Niazov 0427 179 794
- Bendigo Community Bank -Trent Catanzariti trent.catanzaritil@bendigobank.com.au

## Cultural & Interest Groups

- 3bCreative Anne Grant, 0400 570 880
- ArtsNational Sunshine Coast formerly ADFAS-Dawne H. Clarke, 0400 366 616
- BATS Theatre Company Alice Rea, 0427 856 680
- Buderim Concert Band James Moir, 0419 669 678
- Buderim Contract Bridge Sandi Owen 0416 081 576
- Buderim Craft Cottage Jenny Williams, 0421 645 404
- Buderim Garden Club John Lyon, 0448 714 561
- Buderim Historical Society Kevin Briggs, 0488
   021 894 Pioneer Cottage 07 5450 1966
- Buderim Male Choir Allan Herring, 0428 115 535
- Buderim-Palmwoods Heritage Tramway -Helene Cronin, 5476 9509
- Friends of Maroochy Bushland Botanical Gardens
   Lynn Vlismas, 0408 466 808
- Graduate Women Qld Sunshine Coast Wendy Ashley-Cooper, 0429 700 610
- Moving Forward Sunshine Coast Community Form Inc - Abby Begeta, 0413 618 725
- Oriana Arts Melissa Innes, 0419 258 027
- Sunshine Coast Choral Society Andrew Burns, 0427 768 067
- Sunshine Coast Quota Club Lyn Moore, 0400 086 336
- Sunshine Statesmen Barbershop Chorus Merv Elliot, 5445 2907
- SCArt to Sunshine Coast Art Group (SCArt) -Cath Aronsten, 0422 732 837
- Sunshine Coast Welsh Society Emyrs Jones, 0408 778 743
- The Brahma Kumaris Ashish Gupta 0424 320 764
- Vietnam Charity Group Lynda Dyer, 0418 960 366

### **Ambulance Committee**

 Buderim Local Ambulance Committee – Don Culley, 5445 1871 or Secretary Hayley Mailman 0499 181 901

## Social Service Clubs & Organisations

- Lions Club Buderim Brian McBride, 0419 367 656
- Order of St John of Jerusalem Knights Hospitaller - Garry Cant, 0412 989 811
- Probus Club of Buderim Inc Con McCosker, 0474 731 360
- Probus Club of Buderim Mountain Nev Winter, 0408 813 921
- Magnolia Health Inc (Endometriosis) Alice Paine, 0466 329 327
- Rotary Club of Buderim Joan Jackson, 0408 644 906

### Sport & Recreation

- Buderim Billiards and Snooker Club Jeff Pickering, 0439 669 717
- USC Cricket Club formerly Buderim Cricket Club - Noel Ward, 0407 769 739
- Buderim Firebirds Netball Emma Lendrum, 0411 090 340
- Buderim Bowls Club Darren Colburn, 0400 733 737
- Headland-Buderim Croquet Sherry Tusler 0421 193 828
- Suncoast Chess Club Chris Koloszar, 0449 914 747
- SC Square Dance Centre Nev McLachlan, 0417 729 263 or Bev 0427 135 442
- Taost Tai chi Society Simon Matters, 1800 108 801

## **BWMCA Executive as February 2024**

- Errol Richardson, President, 0418 884 637, president@bwmca.com.au
- Dougal Pitt, Vice President & Grants, 0456 189 880
- Ian McKaskill, Secretary, 0416 250 203 secretary@bwmca.com.au
- John Meckan, Treasurer, 0419 890 042, treasurer@bwmca.com.au
- Steve Budden, Committee Member, 0418 464 026 steve.budden@australianoffroad.com.au
- Steven Cottingham, Committee Member, opomanager@bwmca.com.au

## **Sub Committees & Working Groups**

- ANZAC & Remembrance Day Brett Green, Chair, 0413 575 915, brettgreenl@hotmail.com; Ruth Wade, Secretary, 0417 752 299, ruthwade@westnet.com.au
- Buderim Community Carols Andrew Butterworth, Chair, 0410 173 778, butterab@tpg.com.au
- Old Post Office Steven Cottingham, Coordinator, OPO: 5477 0944 opomanager@bwmca.com.au
- War Memorial Hall Portfolio Manager: Steve Budden 0418 464 026, Hall Manager: Craig McMillan 0497 977 266 hallmanager@bwmca.com.au
- Hall & CWA Room Bookings: Roxxie admin@bwmca.com.au or 5477 0945
- Events & Welcome to Buderim Roxxie Young 0407 869 655 admin@bwmca.com.au
- Project Officers:
  - Newsletter Roxxie Young 5477 0945 admin@bwmca.com.au
  - Social Media Pauline Bound, 0423 973 156, pbound008@hotmail.com
  - BWMCA Office Administrator Roxxie Young,
     Office: 5477 0945, admin@bwmca.com.au
  - BWMCA Fundraising Stephen Grant 0438 389 945, grantsj@me.com

## March 2024

This Newsletter is designed to celebrate Buderim, the Buderim War Memorial Community Association and all of it's Affiliates.

If you have anything you would like to contribute to our newsletter or 'What's On In Buderim', do not hesitate to email the Editor at <a href="mailto:admin@bwmca.com.au">admin@bwmca.com.au</a> by the 24th of the month please.



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