

## **NEWSLETTER**

January/February 2024

This Newsletter is designed to celebrate Buderim, the Buderim War Memorial Community Association and all of its affiliates.

To stay up-to-date with all BWMCA activities you can follow us on Facebook:

www.facebook.com/buderimwarmemorialcommunityassociation

If you have anything you would like to contribute to our newsletter or 'What's On in Buderim', please don't hesitate to email the Editor at admin@bwmca.com.au by the 24th of the month.

Buderim War Memorial Community Association
50 Burnett St, Buderim | PO Box 156 Buderim Q 4556 | Ph: 07 5477 0945
Email: admin@bwmca.com.au | www.bwmca.com.au





## President's Message

Welcome to our January Newsletter.

Hello Everyone,

Well, the new year is well on its way. I hope you all enjoyed the holiday break and are back re-invigorated to serve our community for another year.

Speaking of serving the community, just reflect on our Community Carols event in December, what a wonderful night enjoyed by a huge attendance which seems to be increasing each year which is a testament to the work of the chairman of our Community sub-committee. Butterworth and his team.

The BWMCA has been staging the Community Carols in Buderim for the past 21 years and Andrew has been at the helm for 10 of those years, dedicated to the task and elevating the event to the premier Community Carols Night on the Sunshine Coast. We owe Andrew and his team a huge debt of gratitude for a task so very well done.

As was mentioned in our November newsletter, our former Treasurer Craig McMillan continues as Hall Manager. He is very ably assisted by Col Parker and Kevin Power who are very busy with the ongoing maintenance requirements, both internal external, of our hall and are doing a fantastic job as well as saving the Association dollars.

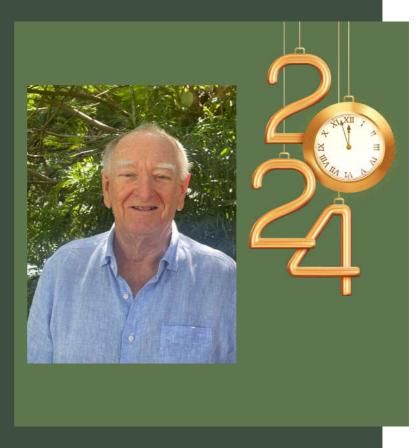
The original Hall was opened on the current site in 1888. It was replaced by a new Hall, officially opened in 1924. **BWMCA** took the management of the Hall in 1945.

There have been some renovations over the years and In November, we will be celebrating 100 years of the opening in 1924.

Should you wish to take part in the organizing planning and celebrations or have some anecdotes in relation to the past activities in the Hall I am sure the planning committee would love to hear from you

That's all for now.

**Errol Richardson** President



## **Editor's Message**

Welcome to our first edition for 2024.

I want to express our gratitude to all Affiliates, Members, and Executive Team who have contributed to the newsletter over the last 12 months and we look forward to continuing this service to the Community and our Affiliates. Therefore, if you have any content you would like to submit for future newsletters, please ensure that you submit it by the 24th of every month.

Please check our website for Upcoming Events and if you would like anything added to this, please email admin@bwmca.com.au with the content and images to be uploaded.



Thanks

Roxxie Young - Newsletter Editor

## What's Happening at the Old Post Office

Hello, and welcome 2024.

I don't know about you, but for me 2023 just flew by. I reckon, blink, and it will be Easter.



Drop your old working mobile into the box at the OPO - help support DV

As most of you are aware, the Old Post Office is run entirely by volunteers. One recent visitor was so impressed with the friendly, helpful advice, that she plans to bring in some scones for us. (Well done Jan and Trish).

We still have a few copies of Ross Eason's new book, 'Four Five Five Six - The Buderim Region' available. This limited edition hardcover coffee table book is filled with wonderful photos and stories - a real treasure trove of Buderim's history.

I was very saddened to hear of the recent passing of Peter Wise. The Wise family, early pioneers of Buderim, played a crucial role in shaping the region's history. In 1901, Major Richard Wise and his son Frederick (Frank) acquired 80 acres from Gustav Riebe. Riebe had taken up the 80 acres in 1881 and achieved notable success in cultivating and promoting Buderim Coffee on a global scale. As far as I am aware, the Wise's family farm stands as the only remaining operational legacy from the early pioneers. Peter, the son of Frederick, dedicated himself to farming until he passed away on the 22nd January, 2024. His absence leaves a significant void, and his contributions will be dearly missed.

Just a reminder to all of our valued affiliate groups = If you have a function or event coming up and would like to book the OPO veranda display window for a specific date, be quick. Spots (weeks) for 2024 are filling fast.

On a personal note, I have had to take some time out to attend to a private matter. Until my return, the OPO is in the very capable hands of the Roxxie. However, if it's me that you need to contact, please use the email below as I am checking it regularly.

Don't forget, the OPO is open from 10 AM to 3 PM, Monday to Friday.

Until next time, take care.

Thank you to the following Business donations towards our Christmas Raffle

#### Steven

**OPO-Coordinator** E: opomanager@bwmca.com.au

P: 5477 0944



Woolworths Metro - Buderim **Buderim Magnesium House** Somewhere on Buderim **Pomona Raw Organic Honey** Joyce Mayne - Maroochydore **Buderim Health Store & BPHTI** 

Winners: Rita McInnerney, Peter Forster & Chloe Botella

#### Christmas Raffle Winners





## Membership & Affiliate Membership Update

Thank you to all our members who have paid the annual subscription for 2023.

We are working on the 2024 renewal forms which will be emailed in January. These renewals are for the Individual/Family Membership and the Affiliate Membership. Please note that Affiliates are to be fully paid up to enable articles to be included in the monthly newsletter, upcoming events and an Affiliates' page on our website including the window space at the OPO.

We have had 5 new individual/family memberships join the BWMCA. Welcome and thank you for your support.

If you have any queries please email: admin@bwmca.com.au or (07) 5477 0945







# "Welcome To Budevim" Surset Gathering

A Community Service provided by the Buderim War Memorial Community Association

- Meet other residents
- Find out more about your neighbourhood and Community
- Meet with our Affiliate group leaders and learn about our local groups from Hobbies to Art, Crafts, Music, Sports, Gardening and many more

If you would like to join us for our next gathering, drop in to the Old Post Office Community Centre @ 50 Burnett Street, Buderim, phone: (07) 5477 0944 or email admin@bwmca.com.au to register

NEXT EVENT 1st March @ 5pm



Don't forget to RSVP

### Justice of the Peace Service

The JP Service at the Old Post Office which operates each week from Monday to Thursday 10.00am to 1.00pm is part of a state-wide network called "JPs in the Community" provided by the Department of Justice and the Attorney General.

Did you know that the OPO Buderim was one of the first JPs In the Community sites starting in 2008 by Barbara Davis & Peter Benkendorff. During 2023 there were a total of 3,495 clients with 9,516 documents being signed/witnessed by the team.

Our Buderim JPs are proud to be part of this very significant volunteer network.

Outside of these hours at the OPO please call 1300 301 147 or www.qld.gov.au/findjp to find a local JP.



## **BWMCA REQUEST**



The BWMCA is a volunteer organization that benefits Buderim residents by managing and maintaining essential community facilities, including the Old Post Office (OPO) Community Information Centre, War Memorial Community Hall, Pioneer Cottage and Sybil Vise Cottage, providing hubs in the community. You will also find the OPO is the home to JP's In The Community and the Buderim Foundation.

> The BWMCA is at the heart of the Buderim Community. The Association works to nurture Buderim's special community spirit. We host community events including; ANZAC & Remembrance Day services **Buderim Community Carols** Jazz in the Park Welcome To Buderim Sunset Gatherings

These events are run for the community by community volunteers, and we are always in need of new members who enjoy volunteering to help on our many projects. These facilities and events take a lot of community input from a diverse range of people with many different skills.

If you have some spare time and would like to help with our maintenance program, we would be very pleased to have you on board as a team member. If you would enjoy looking after the older buildings that form the heart of our community, we would love to have you.

You could also join the BWMCA and become a helper at an event and enjoy the involvement with like-minded people creating successful outcomes for our community, or perhaps volunteer behind the information counter at the Old Post Office for whatever time you have available and help many new people with a large variety of needs.

We do need new people to help keep our vibrant community thriving.

If you would like to support us financially and become a member of the BWMCA, please head to our website www.bwmca.com.au "Join Our Community" page and complete a membership form.

Please come into the Old Post Office at 50 Burnett St Buderim near the roundabout and register your desire to become involved in this most rewarding organization.

Email: admin@bwmca.com.au or phone: 5477 0945 www.bwmca.com.au

#### **BWMCA THANK YOU**

## **Buderim Muscle**

Did you know that our Buderim Muscle team are the angels working in the background at the Community Events that we hold along with some of our affiliates?

They are unsung heros setting up in the early hours and pack down in the dark of night once the events are finished.

The BWMCA would like to express our sincere appreciation for all that you do.

> **Ken Grant** Supervisor

**David Hooper Danny Roach Roy Angus Gerry Lynch Dougal Pitt Paul Marek** 

Mike Kelly **Garry Bailettii** John Wolfert **Ron Peick** Malcolm Dean Col Parker



## **BWMCA AUSTRALIA DAY SNEAK PEAK**







**Thank you Buderim Metro** for the donation of the fruit & water - very much appreciated on the hot day



## **BWMCA COMMUNITY CAROLS EVENT**

#### **BUDERIM COMMUNITY CAROLS 2023** Spreading "Peace and Goodwill" within the local and regional communities

Apart from a brief shower later in the evening, good weather greeted the 3,000 plus crowd as they gathered on Sunday, 10th December 2023 for the Buderim Community Carols. Again, the simply stunning and "Green Flag" winning Buderim Village Park was the venue for this family friendly festive event. A big "thank you" to the Sunshine Coast Council Parks staff for the way they prepared the park for our event .... a beautiful venue in every respect!!

Initiatives put in place for the 2022 event were in place in 2023, including a promotional video shared on social media, a comprehensive songbook available via a QR code, the earlier commencement of the program and the availability of 3 local carparks operated by volunteers.

To counteract the long queues in 2022 for the local community-run food/treat stalls, we increased the number and variety of stalls to include Hot Dogs, Hamburgers, Sausage Sizzle, Fairy Floss, Popcorn and other treats/drinks. All these stalls were operated by local volunteer organisations, including Buderim Scouts, Buderim Lions, Buderim Rotary, Buderim Foundation and the BWMCA. The profits made by these organisations help them fund their community projects. Limited space and a policy to keep the event "non-commercial" preclude us from engaging outside vendors.

Many thanks to our major sponsor Community Bank Buderim Bendigo Bank and to a number of other local businesses/organisations for their support, including Hopkins Manttan Solicitors, JPG Design Print Signs, Cope Creative, Reflected Image Productions, Fenwick's Fruit Emporium, 104.9 Sunshine FM, Rotary and Lions Clubs of Buderim, Official Photographer Cheryl Nonmus, 7 News Sunshine Coast for giving us the delightful Rosanna Natoli as MC and funding from the Sunshine Coast Council under their grants program.

The Buderim Community Carols is an event among others put on by the Buderim War Memorial Community Association (BWMCA). Thank you to all BWMCA members who supported the event. Also thanks to the many others who gave their time to ensure the event ran smoothly and was safe for all.



Riley Cope and dancers from Cope Creative

Although we had 2 lost children (both safely reunited), there were no other incidents to report. Without an army of volunteers, events like the Buderim Community Carols cannot go ahead.....thank you!!

A final thank you to all the performers who under Entertainment Director Riley Cope with Stage Manager Jordan Jeckells and Lighting Technician David Hayes freely gave their talents to ensure all who attended shared in the Christmas Spirit of Peace and Goodwill.

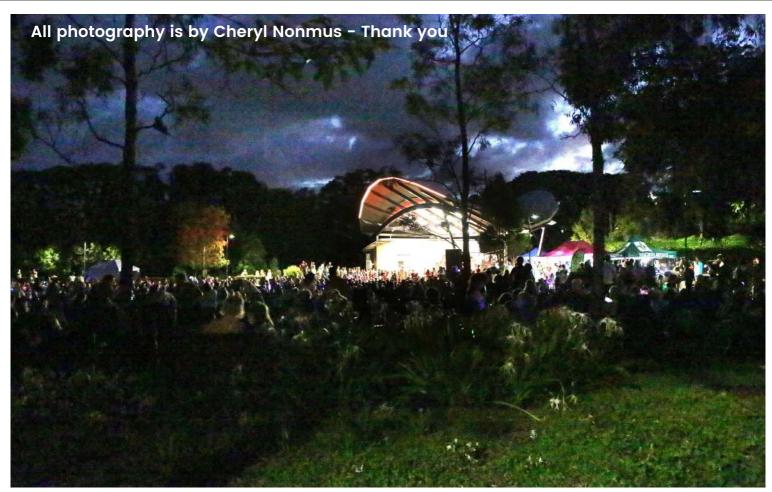
The tentative date for the Buderim Community Carols 2024 is Sunday, 8th December. Mark it in your diaries. The BWMCA organising subcommittee would welcome any feedback or new ideas. Please pass them on through the Office Administrator, BWMCA on email: admin@bwmca.com.au

Yours in community service,

Andrew Butterworth, Chairman, Community Carols Subcommittee, BWMCA, Ph 0410 173 778



## **BWMCA COMMUNITY CAROLS EVENT**













## **BWMCA COMMUNITY CAROLS EVENT**













## **BWMCA COMMUNITY EVENT**













## What's On In Buderim



at the Buderim Tavern on Wednesday
7th February with our AGM and
presentation of badges to the
committee by Zone Councillor Vonda.
She will also 'keep us up to date' with
VIEW news and The Smith Family.

Buderim View Club sponsor 7 students through the The Smith Family's Learning for Life Program.

Any one wishing to attend the meeting, please contact Gail (gai3@optusnet.com.au or 0414950949) as new members are always welcome.







Join local seniors in the Buderim Memorial hall to enjoy a scrumptious morning tea of freshly baked scones! Buderim ginger/ Ginger factory scones & Martin's Scones made by Simplee Sweet on Buderim

Open to all, Scone Time is designed to reignite life into the wonderful old halls of the Sunshine Coast, the event is also a wonderful opportunity for seniors, along with their carers, companions and family to establish a regular monthly social event.

4556 Chamber of Commerce members &
Local business owners are invited to Volunteer or be a table host or be a
sponsor

Scone Time proudly supported and Sponsored by Bassett Barks LOCATION

Buderim War Memorial hall 1 Main st , Buderim QLD 4556

7 Feb 24 10 am!

## What's On In Buderim

## Buderim Private Hospital Auxiliary



Buderim Private Hospital Auxiliary Fundraising

Sunday 17th March 09:00am to 2:00pm

Buderim Gardens Village Community Hall, Mooloolaba Road, Buderim

#### \$30 per person

Includes Fabulous Lucky Door Prize, Morning Tea and Lunch

Bring your choice of cards or games Bar will open at Noon

antastic raffle Prizes to be won and our trading table will be in full swing

RSVP by 10th March for catering purposes - Bookings Essential

Contact Melanie Ferguson: Mobile: 0409 769 581; Email: mel53@ozemail.com.au Pre-Payment via direct debit preferred

Bendigo Bank BSB: 633-000 A/c #: 200677987 - please put your name as a reference Alternatively, cash on arrival - Sorry - No Eftpos facility available

All proceeds support ongoing patient care and provision of amenities at Buderim Private Hospital

Proudly presented as part of Sunshine Coast Council's Healthy Sunshine Coast program. Come join Zumba on Tuesdays 10:30am. Zumba is for all ages and abilities. No skills or experience is required. Participants are taught basic, easy-to-learn movements to follow and dance along to at their own pace. Zumba has many benefits; it targets a variety of muscle groups at once so you burn calories while having fun.

https://www.trybooking.com/CFSCA

council.trumba.com/healthy-sunshine-coast/Zumba-with-Tianna/E165949962

When:

Tianna Balmer

Contact:

No booking required, just turn up.

Tuesday at 10.30am every week

Buderim War Memorial Hall 1 Main Street, Buderim









Support our Paramedics and join the Buderim Local Ambulance Committee (LAC) - bridging the community and the Queensland Ambulance Service.

Join us in the crusade for CPR awareness, and let us usher in an era of safety and change. Seize the chance to be part of something powerful.

With your efforts, our community can flourish with hope and preparedness.

Passionate about making a difference? Contact Hayley Mailman at 0499 181 901 or him026@student.usc.edu.au

## What's On In Buderim

#### BWMCA Buderim Dogs Day Out 2024

We are considering the idea of having a Dog Festival. This will be a fun day for owners and dogs to meet and mix with other owners with dogs. The emphasis will be to make this a fun event for everyone including the dogs.

We are searching for people who could form a committee to make this great idea come to fruition in the cooler months of 2024. We plan to have a variety of stall holders selling dogrelated goods and services and some fun events for the dogs and owners during the day.

Perhaps the "Best Dressed Dog" is one of the fun events of the day. The event would be held in the Buderim council park from 9.00 am to 3.00 pm for one day, perhaps in the school holidays so children could be involved. This will not be a Dog Show in the true sense of the

Please let us know if this is of interest to you to come to the show as we need your feedback asap, by contacting <a href="mailto:admin@bwmca.com.au">admin@bwmca.com.au</a>
Or participate in forming a committee to make this happen contact <a href="mailto:admin@bwmca.com.au">admin@bwmca.com.au</a>

# VOLUNTEER

4 PAWS ANIMAL RESCUE IS LOOKING FOR A VOLUNTEER TREASURER

THE PERSON IN THIS ROLE WILL:

- HAVE A PASSION FOR ANIMAL RESCUE
- HAVE ACCOUNTING EXPERIENCE OR HAVE WORKED IN A FINANCE DOLE
- HAVE EXPERIENCE USING A FINANCE SYSTEM SUCH AS XERO OR AN ABILITY TO LEARN
- UNDERSTAND FINANCIAL STATEMENTS
- HAVE GOOD ORGANISATIONAL SKILLS IN PROCESSING PAYMENTS AND MAINTAINING SUPPORTING FINANCIAL RECORDS
- BE AVAILABLE AND COMMIT 5-6 HOURS PER WEEK
  TO THE ROLE
- AGREE TO A CRIMINAL HISTORY CHECK

if you think this role would suit you please contact secretary4Paws@gmail.com





## Four Five Five Six by Ross Eason

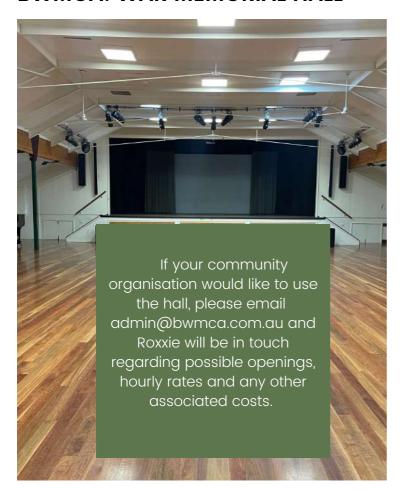


We are pleased to report that our book sales are performing well and we have received positive feedback from our customers. However, we have identified some random printing issues on page 174 of a few books.

If you come across this problem, please do not hesitate to contact us and we will arrange for a replacement copy to be sent to you.

You can still purchase this book at the OPO

#### **BWMCA: WAR MEMORIAL HALL**









#### **BWMCA Hall Update**

We have a new team at the helm with running the hall.

Steve Budden is the Properties Portfolio Manager and is overseeing all the maintenance/repairs of the War Memorial Hall, Vise Cottage, Pioneer Cottage & Old Post Office Building.

Craig McMillian is the hall manager along with two retired Captains who used to fly and pilot a ship being Kevin Power and Colin Parker handling repairs etc.

Bookings are to go through Roxxie via email admin@bwmca.com.au or phone: 5477 0945.



Kevin Power on the tools

## **BWMCA: WAR MEMORIAL HALL - Recurring Weekly Events**



## BWMCA War Memorial Hall & CWA Room Events For February

<b>Wed - 7th</b> Scone Time 10am	<b>Fri - 9th</b> Garden Club 12pm	<b>Sat - 10th</b> Quota Fundraiser	Fri - 16th Buderim Foundation Happy Hr @ Craft Cottage	Tue - 20th Management Meeting CWA Room 11am	24th & 25th Get The Beat Dance Competition
<b>1st March</b> Welcome to Buderim					

#### **4 PAWS ANIMAL RESCUE INC**

# 100% Volunteer run charity organisation!



Lovely Lovely Lady is a sweet natured, 8 year old Australian Terrier. She's a healthy, happy 12kg girl, who loves her people. She was sadly surrendered through no fault of her own and is looking for her furever home. She can be a little unsure of other dogs so she needs someone who will show her patience and love while she builds her confidence up.

Lady is available for adoption at \$595. She is desexed, microchipped, has had a heart worm test and full vet check.

Visit our website <u>www.4pawsanimalrescue.org.au</u> and complete a foster application.



4 Paws Animal Rescue is a dedicated not for profit organisation that offers sanctuary to homeless cats and dogs. 100% run by volunteers, our mission is to give these animals a second chance at a happy life.

Most of our animals come from Council pounds, some are surrendered or abandoned, others are saved from cruel living conditions.

4 Paws Animal Rescue cannot survive without generous donations, our wonderful volunteers and our foster families who take in animals, giving them unconditional love, training, nursing and rehabilitation so that they are ready for adoption.





Julie Penlington - President PO Box 94, Maroochydore 4557 4paws@4pawsanimalrescue.org.au www.4pawsanimalrescue.org.au

## **ARTSNATIONAL SUNSHINE COAST (Formerly ADFAS)**

It's time to join ArtsNational Sunshine Coast, our new business name for ADFAS Sunshine Coast.

ADFAS Sunshine Coast has a new name, ArtsNational Sunshine Coast.

#### Our New Name and Brand

We now look different, but we are the same. Our values, vision and purpose remain our hallmark and lie at the heart of who we are as an organisation and local society.

- We provide diverse illustrated presentations across a broad spectrum of arts related fields.
- Delivered by renowned experts sourced locally, in the UK and Europe.
- We offer a convivial occasion for members, their friends and the community, to discover and connect with the arts.
- We assist art heritage through conservation and preservation.
- We support young and emerging artists within local communities and nationally; and
- Believe that arts enrich our lives.

Together as one community around Australia, we contribute to wider engagement in and enjoyment of the arts, inspiring all generations.



## WHAT WE DO GOES BEYOND THE ARTS

2024 arts talks programs now available

Join the ArtsNational community now:

Annual membership details online
artsnational au or info@artsnational au



We are pleased to announce that this advertisement will appear in The Weekend Australian's Review section this Saturday, 20 January and on Saturday, 3 February. Find out more – see our 2024 program of art talks

Click on the QR code to see our Program.

Go to our Website:

https://www.adfas.org.au/societies/sunshinecoast/

It's easy to join us – contact our Membership Secretary – Merle O'Rourke

Email: orourke.merlej@gmail.com Phone: 0419 795 625

Membership costs \$150.00 per year for nine arts talks, from March – November

Visitors cost \$25.00 per arts talk, Student \$10.00 - includes wine and refreshments following the arts talk.

#### Check out our Facebook Page

https://www.facebook.com/ArtsNationalSunshine



Merle O'Rourke - Membership Secretary 0419 795 625 orourke.merlej@gmail.com www.adfas.org.au

#### **BUDERIM FOUNDATION**

#### **Christmas Happy Hour**

Buderim Foundation Ambassadors and friends farewelled 2023 in mid-December with a Happy Hour at the Buderim Craft Cottage. Guests enjoyed drinks and nibbles on the lawn, with Christmas carols playing in the background. Craft Cottage staff kindly opened the Atrium Gallery for the event, with many guests taking the opportunity for some last-minute Christmas shopping.

Foundation Chair Rod McKinnon gave a brief wrap-up of the year, highlighting the record number of Community and Thompson Fund Grants the Foundation had made during the year. Rod also acknowledged the ongoing support of Foundation's sponsors - Buderim Pharmacy, Edenlea on Buderim and Sunshine Toyota – as well as donors, the Board. Committee members and volunteers.

Thanks to the Events Committee, Executive Officer, Craft Cottage and all other helpers for a very enjoyable end-of-year event.















Rod McKinnon - Chair (07) 5456 1757 info@buderimfoundation.org.au www.buderimfoundation.org.au

#### **BUDERIM LIBRARY**

Congratulations Jane and Lee!! These two very happy winners of our Christmas Raffle called in to the library to collect their prizes. We'd like to sincerely thank everyone who bought tickets again this year. We really value your support. Enjoy sharing them with your families ladies!!



Our Easter book sale is almost here and we are seeking donations of books (fiction, non-fiction; young adult and children's books) for our Easter book sale which will be held on Saturday 30th March. No magazines, DVDs, CDs, jigsaws or Reader's Digest please.

Please drop them to the Library in the Buderim War Memorial Hall (opposite the School) - 3 Main Street, Buderim - between the hours of 9:30am - 2:30pm Monday to Friday and Saturday 9:00am to 12:00pm. We really appreciate your support as this is our biggest yearly fund raiser for book buying. Thank you!!

If you would like to become a member please call into the Library as we have a great deal at the moment. If you join now you will only pay \$12.50 (full member) \$10 (pensioner) up to the 30th June, 2024.

Happy New Year to all of our volunteers and members. We hope that you had a great Christmas and celebrated accordingly.

Here are the first book purchases for 2024. Please come in and have a look, I'm sure that there is something that will of interest to you.







Pam Winks - President 5445 3779 rpwinks@optusnet.com.au http://www.buderimlibrary.org.au

#### **BUDERIM LOCAL AMBULANCE COMMITTEE**

#### Help Save Lives: Join the Buderim Local Ambulance Committee

Are you passionate about making a difference in your community? Do you believe in the power of knowledge to save lives? If so, we invite you to join the Buderim Local Ambulance Committee (LAC) and play a vital role in spreading the CPR message.

Cardiopulmonary Resuscitation (CPR) is a life-saving skill that everyone should have in their toolkit. In critical moments, knowing how to perform CPR can make the difference between life and death. The Buderim LAC is on a mission to raise awareness about CPR in schools, community groups, and the public at large. By joining the committee, you can be at the forefront of this life-saving initiative.

Buderim LAC is a dynamic and community-driven organisation dedicated to promoting emergency preparedness and response. As a committee member, you'll have the opportunity to contribute to a cause that truly matters. Together, we can make a significant impact on the safety and well-being of our community.

If you're ready to be part of a team that makes a real difference, contact us today! Reach out to Hayley Mailman, our dedicated Secretary, at 0499 181 901 or hjm026@student.usc.edu.au Your involvement can be the catalyst for positive change in our community.





#### Together, Let's Make a Difference:

Joining the Buderim LAC is not just about becoming a committee member; it's about joining a community of like-minded individuals who are passionate about creating a safer and more prepared environment. Together, let's spread the CPR message and make our community a place where everyone is ready to lend a helping hand in times of need.

Don't miss out on this chance to be a part of something truly impactful. Contact Hayley Mailman today and embark on a journey that could help save lives in our community!

Queensland Ambulance Service

## Calling for an ambulance

#### In an emergency call Triple Zero (000)

In any emergency situation involving sudden illness or injury, it is essential that an ambulance is called immediately.

Call Triple Zero (000) immediately to activate the emergency services.

When a call is made to the Queensland Ambulance Service (QAS), a highly trained QAS Emergency Medical Dispatcher will ask a number of questions.

Remain calm while answering these questions and ensure that your responses are clear and concise.

The QAS Emergency Medical Dispatcher will provide you with first aid instructions, if required, and dispatch the paramedics.

Do not end the call until you are told to do so.

#### **Emergency contacts**

Ambulance, fire, police Call Triple Zero (000)
Non urgent ambulance transport (authorised by a medical practitioner) 13 12 33
Deaf or hearing/speech impaired emergency number 106
Poisons information centre 13 11 26

The Queensland Ambulance Service (QAS) encourages you to be prepared for an emergency.

Enrol in a QAS first aid course to learn vital life-saving first aid skills.

Enquire online at www.ambulance.qld.gov.au or call 13 QGOV (13 74 68)



Hayley Mailman - Secretary 0499 181 901

hjm026@student.usc.edu.au

#### **BUDERIM-MAROOCHYDORE SCOUTS**









This year has been a huge year of Scouting adventure and challenges. Our Scouting group has grown, we now have over 60 youth members.

We are very proud of one of our Scouts who received his Australian Scouting Award and two of our Rovers who received their Baden Powell Awards. These are difficult awards to achieve, a lot of stamina, dedication and commitment are required.

Our leaders continue to challenge, mentor and guide our youth members into the exciting world of Scouting adventures and skills. From our little Joey Scouts all the way up to our Rovers we have had a packed year of camping, water activities, orienteering, cooking nights, hikes, knot-tying, art and crafts and so much more.

The Scouts have held Bake Sales, Sausage Sizzles and attended all major events happening in Buderim. They proudly march on the streets in uniform at parades, help out at local celebrations such as the recent carols and volunteer with the Lions Club at the Fisherman's Rd market.

One of the biggest highlights this year was a nighttime hike - Nighthawk! A huge camp with hundreds of Scouts meeting from all over Queensland. A challenge that took place at Crows Nest. The Scouts (11-15 years old) hiked approximately 12km. They were in teams of 6, so an important lesson on teamwork, looking out for each other and using their skills.

Two of our Scouts will be attending the 2023 Jamboree, this is being held in New Zealand. They leave just after Christmas.

With over 10 camps done, over 1000km travelled and a whole lot in between we have had a wonderful 2023.

Wishing you all a prosperous 2024



Kim Lues - Chairperson chairman@buderim.scoutsqld.com.au www.facebook.com/BuderimScoutGroup

#### **BUDERIM-PALMWOODS HERITAGE TRAMWAY INC**

#### **GREAT NEWS - IT'S ON**

There's great jubilation at Buderim-Palmwoods Heritage Tramway.

After many long and frustrating years and one setback after another, BPHTI finally has the approval of the Sunshine Coast Council to proceed with the display of the restored Krauss locomotive in Buderim adjacent to the heritage-listed Old Post Office.

The old loco ran on the Buderim to Palmwoods Tramway between 1914 and 1935 when the tramway was closed due to lack of custom. It was then sold off to Bingera Sugar Mill and became a cane train for the next 20 years. BPHTI members discovered it in a sorry state in a collector's yard in 2004 and purchased it with funds provided by several councillors and the then mayor.

It was then brought back to Buderim and lovingly restored by BPHTI members, several of whom have since passed on, and BPHTI has since been battling bureaucracy for approval to display it in central Buderim.

BPHTI would like to extend a huge thank you to all those loyal supporters whose unfailing support over the past 20 years has enabled them to reach this important milestone in the history of Buderim. Many thanks also to BWMCA for making the land available for the display and for their strong support for the project.

BPHTI now needs to raise the necessary funds for the display building and will shortly be holding a gala event to launch their fundraising campaign.

Donations to the building fund are tax deductible and you can be made to:

Krauss Restoration Gift Fund A/C No. 10345183 BSB 638 070 Please use "KRG Fund" as reference





**WE'VE WON BY Noel Williams** 

We've won, we've finally won All stumbling blocks removed We've overcome all obstacles Our project's been approved.

We've won, we've won, we've at won last We finally wore them down We've jumped through every single hoop So the Krauss can come to town.

After all those years of anguish And setbacks by the ton We know we'll now achieve our goal It's a win for everyone.

So now we have to raise the funds And the project we'll complete And put our history on display On Buderim's main street.

So all the district can rejoice And no more need we frown For Buderim's historic Krauss Is coming back to town.

Helen Cronin - President tram@buderim.qld.au

https://www.buderim.com/tramway

#### **BUDERIM MALE CHOIR**





With the calendar ticking over to 2024, the Buderim Male Choir is delighted to join a select group of BWMCA affiliates who have reached their 50th year. Not bad for a group of blokes who started singing together on somebody's back veranda in 1974.

In some ways, the choir is going back to its roots. Since last October, the choir has been trialling an arrangement with the Buderim Men's Shed which would see the choir becoming a choral group within the Shed if the trial is shown to be beneficial for both parties. As part of the trial, the choir is rehearsing at the Shed in Kuluin on Monday afternoons, and welcoming the involvement of several Shed men.

Stuart Hill has stepped out of the choir's bass section to take on the role of Music Director after Mitch Meyer returned to Melbourne, and Carina Frank continues as accompanist.

We'd love to hear from anyone who thinks they might like to join the choir.

Apart from the requirement to be an adult male, the only other prerequisite is the love of singing. We maintain that there's no such thing as a non-singer but we'd also welcome anyone who wants to be involved in a non-singing role.

We're also putting out a call to former members to let us know if they'd like to participate in this year's anniversary events. The culmination will be a celebratory concert series to be held in the second half of the year.



Neville - Secretary 0478 589 517 Secretary@buderimmalechoir.org.au www.buderimmalechoir.org.au

#### **BUDERIM PRIVATE HOSPITAL AUXILIARY**

This is our first BWMCA newsletter as an affiliate member.

Buderim Private Hospital Auxiliary (BPHA) has been operating for 40 years and provides a vital link between the hospital and the community. BPHA is made up of a group of dedicated locals who volunteer their time and fundraising skills to support both patients and staff.

There are a number of various hands-on roles, taking care of a range of 'soft touches' and services, which include:

Flowers: Members visit patient rooms to refresh flowers, replenish water and consolidating arrangements as required. There's often time for a chat as well.

Buddy Bears: BPHA craft group members donate their time to sew and stuff custom made teddy bears with embroidered faces and a cute bow-tie. These are distributed to BPH's youngest (and occasionally more mature) patients. These flannel bears bring a little touch of brightness and lots of smiles. The group also sew and knit items for Maternity and the Special Care Nursery.

Special Days: Mothers Day, Fathers Day Christmas - BPHA members take time to deliver presents or handmade cards to ensure a patient's day is special, even if it must be spent in hospital.

Care Packs: BPHA members put together care packs containing basic toiletries for patients who are admitted unexpectedly and without the basic necessities. These care packs have proved very useful and are appreciated by patients and staff for these situations.

BPHA works hard on fundraising activities throughout each year. In addition to the top-quality care that all of Buderim Private Hospital's patients receive as a standard, our fundraising efforts raise money to supply additional amenities to enhance patient comfort and wellbeing.

An example of some of the amenities provided: special palliative care chair; vestibular goggles; special pillows and nursing chairs for mothers with twins; blanket warmer. BPHA stay in touch with senior staff to ensure that our activities are directed in the most beneficial way for items of most need. In 2023, BPHA was proud to bestow a \$10,000 Bursary for a specialist breast care nurse to study at the NSW College of Nursing, bringing specialised knowledge back to BPH and our community. This inaugural bursary, the Ngaire Roberts Bursary, honours the memory, hard work and dedication of one of our Life Members, who was also a founding member of Buderim Private Hospital.

BPHA supports the Uniting Care Christmas Appeal with Christmas hampers for families in need, and we also support fundraising events for the Cindy Mackenzie Breast Cancer program.

Fundraising activities in the past have include craft and produce tables and raffles and we have traditionally held cards and games days; fashion parades; themed luncheons with interesting guest speakers.

BPHA is always welcoming to new members with fresh ideas and is open to embracing other fundraising opportunities. BPHA is open to anyone, male or female, looking for a chance to provide a meaningful service within our community. The only requirements are an open, friendly attitude and a willingness to lend a hand whenever you can.

BPHA understand your time is valuable. We meet in the Education Centre on the third floor of the hospital at 9:30am on the first Monday of each month, excluding January and December. The time you donate is completely up to you and your schedule. If you are interested in joining or would like more information, please

Gail Mackenzie, President Mobile: 0406 537 290

Email: gmac2342@gmail.com

Melanie Biggs, Treasurer Mobile: 0409 760 581

Email: mel53@ozemail.com.au







#### **BUDERIM UNITING CHURCH**

#### **GRIEF AND LOSS PROGRAM**

Have you experienced the loss of a loved one?
Is your bereavement bringing with it a mixture of intense feelings of sadness, confusion, anger, guilt and fear as well as memories of happier times

The Blue Care Grief and Loss Program provides assistance in dealing with grief at times of loss.

Our next FREE program commences on Friday, 23rd February from 9.30 am - 11.30

The program runs for eight weeks with trained facilitators to provide emotional, social and practical support for group members.

It is held in Connections In King Hall at the Buderim Uniting Church, Cnr Gloucester Road and King Street.

To register or for more information contact

Aurilea Augustine 0439 768 394; aaugustine5@bigpond.com



Aurilea Augustine
0439 768 394
aagustine5@bigpond.com
https://www.buderimunitingchurch.org.au/

#### **GRADUATE WOMEN QLD SUNSHINE COAST**











#### Tropicana Trivia

Branch members and guests celebrated the start of the new year with a festive afternoon of trivia at IRT The Palms in Buderim. Branch President and Trivia Wizard Master, Wendy Ashley-Cooper, set the tropical tone for the afternoon in a creatively-assembled outfit complete with hula skirt and large, fruit-adorned hat.

Guests were challenged with questions about Australia, general knowledge, history, geography, science, food, sport, games, literature and the arts. A separate table quiz of lyrics from musicals and a tower construction task added to the challenges. Competition was fierce, with one winning team coming in just ahead of two tied second placers.

The prize for the best-dressed went to Emilia White with an impressive, handmade turban-style head piece.

A big thankyou to IRT The Palms for their hospitality, including the couple of teams who took part (one of which was the winning team!) and the couple of residents who staffed the bar for the afternoon.

Money raised from the afternoon will help fund bursaries for women and girls in their educational journeys.

The Sunshine Coast Branch of Graduate Women Queensland is a dynamic organisation for women graduates on the Sunshine Coast. The Branch focuses on the values of friendship, mutual support and intellectual stimulation between members. It also provides financial support for women and girls furthering their education. Membership is open to any woman who is a graduate of any university in any country. Please contact the Membership Co-ordinator on info@graduatewomen.org.au or visit GWQSC on Facebook for more information



Wendy Ashley-Cooper
President
info@graduatewomen.org.au
www.graduatewomen.org.au

#### **HEADLAND - BUDERIM CROQUET CLUB**



This is an active club with games available for players of any and every skill level.

People wanting to see if this is a sport for them are welcome at any time. Lessons and club mallets are available to new players. The times the courts are being used are shown on our Website.

Late last year, we held our Club Championship Singles.

We held a great Christmas party and are now planning for our 2024 competition timetable in Pennant, Shield and Plate.





Clive Shepherd - 0417 620 294
headland-buderim@croquetqld.org
https://www.croquetqld.org/clubs/headlandbuderim/

## **MOVING FORWARD**

**SUNSHINE COAST** would like to invite you to

## A MORNING WITH:

## DR PETER MCCULLOUGH

**Dr Peter McCullough** is a world renowned cardiologist, an internist and an epidemiologist.

He will be livestreaming to our Sunshine Coast audience.. and beyond, on 2nd of March 2024, Doors open at 09:30am for 10am start, QLD time.



**Dr. McCullough** has had years of dedicated academic and clinical service and has reviewed thousands of reports, participated in scientific congresses, group discussions, press releases, and has been considered among the world's most recognized experts.

Those who are not local to the Sunshine Coast (live a significant distance away from the Sunshine Coast/ live interstate or live overseas) will be able to participate via livestream. You will receive your link once we receive a confirmation of the ticket purchase.

Don't miss this important opportunity to learn from an outstanding medical leader who is dedicated to the service of humanity and to empowering individuals with knowledge.

Mark your calendars for **2nd of March 2024** and prepare to expand your understanding. Please share the details about this event with your friends, colleagues and family.

MOVING FORWARD is a not-for-profit initiative of Sunshine Coast resident Abby Begeta.

These events aim to inform, unite and empower the Sunshine Coast community.

This is a non-profit event. Your ticket price is to cover the venue outlays.

To discover more of our events and speakers in 2024, please visit <a href="https://mfwdsc.com">https://mfwdsc.com</a>

#### DATE Saturday 2nd of March 2024

# TIME 09.30am Doors open 10.00am START 12.00am Finish

#### PLACE

North Shore Community Center, 701 David Low Way, Mudjimba QLD 4573

# TICKETS are non refundable \$15 PP through https://app.tickettailor.com/events/movingforwardsunshine-



Places are limited.

#### TERMS & CONDITIONS OF ENTRY:

- We respectfully request that NO MINORS under the age of 12 attend.
- Individuals, groups and organisations are NOT permitted to promote their products, groups or services at our events without prior explicit written permission of the event organizers.

All email enquiries to: team@mfwdsc.com



#### **ORIANA ARTS INC**



Thanks goes to the Buderim Community for their fantastic support of the Choir's production of Handel's Messiah which saw a packed house at the Goodlife Community Centre on November 25th. Audience feedback was incredible and sets the Buderim singers up for a fantastic 2024.

It's 4th time lucky for this covid casualty. Oriana members are looking forward to finally being able to present their tribute to ABBA and Queen entitled 'Dancing Queen' on May 11 at the Stella Maris Primary School Performance Venue and May 18 at The J in Noosa. There'll be a matinee and evening performances of this dynamic and energetic show featuring hits and classics from these two powerhouse groups from the 1970s. The Sunshine Coast Youth Choir will also perform and the groups will be accompanied by a band. These concerts promise to be very entertaining and will sell out, so get your tickets now. Head to the Oriana website for booking details: oriana.org.au

Quite a change of pace for Oriana's second season of the year to be presented on the 17th of August at St Patrick's Church in Gympie and August 18 at Stella Maris Primary School. The concert, 'Reflections: Songs of Love and Hope' will offer an eclectic selection of beautiful and moving sacred and modern songs, ballads and spirituals.

As the festive season approaches, November 16 and 17 will see Oriana presenting two works by talented English composer John Rutter. 'Magnificat' is described by Rutter himself as, "A poetic outpouring of praise, joy and trust in God, ascribed by Luke to the Virgin Mary on learning that she was to give birth to Christ." Based on one of the most familiar and well-loved of scriptural texts, Rutter was inspired by the jubilant and colourful celebrations of Mary he saw in Hispanic cultures.

For all the details as they come to hand, visit the choir's website <u>oriana.org.au</u> and follow the choir on Facebook 'Sunshine Coast Oriana Choir'.



Melissa Innes - President 0419 258 027 president@oriana.org.au https://www.oriana.org.au/

#### PROBUS CLUB OF BUDERIM INC



Happy New Year to everyone; here's wishing you all the best for 2024. There was no Bridge Club meeting this month as most members were still having a holiday. However, our General Meeting attracted 76 attendees, including three visitors who enjoyed themselves.

Our guest speakers were four young ladies from The Footprints Community, a government funded Care Finding Service. They outlined the work that they do and answered all of the questions which inevitably arose. It certainly got everyone talking! There was an update on the Coolangatta Trip scheduled for March, with Thirty-one Members having paid by this time. We will see and do various attractions over four days, including the new Outback Spectacular. In the meantime, there will be theatre outings to QPAC in Brisbane to see Chicago on Wednesday 17th January, followed by A Chorus Line at the Events Centre, Caloundra in February, and Carreras and Domingo in March. Guess Who's Coming to Coffee returns on 25th January and lunch at Florentina's Trattoria in Mudjimba is planned for February. Our Luncheon Convenor received a lot of praise for her Christmas Lunch last month and this will be another cracker.

Our Probus Club provides the opportunity for retirees to meet in circumstances that provide companionship and intellectual stimulation. We meet on the second Wednesday each month at 9.15 am in the Uniting Church Hall, so why not pay us a visit, and see what you may be missing. Alternately, you may email our Membership Officer, John Barton at this address: probusbuderim@gmail.com

Ian Conkie



Ian Conkie probusbuderim@gmail.com www.probussouthpacific.org/microsites/buderim/Meetings

#### ST MARK'S ANGLICAN CHURCH

## Wilight Artisans Warket

(The first market for 2024!!)

Friday, 16th February 2024

(on the 3rd Friday monthly)

St Mark's Anglican Church Parish Hall and gardens

7-17 Main Street, Buderim 4556

3pm to 7pm

Music, coffee, sausage sizzle and other delicious treats - meet with family & friends in a relaxed atmosphere.

Homemade, handmade and organic items for sale directly from the artisans.

Don't be a <u>Bunny</u>, <u>hop</u> into the market – You will find a free Easter treat for the kids!!

Please contact Market Co-Ordinator Ian Mackay on 0407 898 430 or email: mackays123@bigpond.com for stall bookings & further details







### SUNSHINE COAST ANIMAL REFUGE (SCARS)

Sunshine Coast Animal Refuge Society (SCARS) is a local not for profit animal rescue with an onsite Shelter and a significant foster based rescue program.

SCARS has been operating on the Sunshine Coast since 1979 and rescues and rehomes approximately 1000 cats and dogs every year. Most of our animals come from local council pounds with others being surrendered by residents on the coast experiencing homelessness and financial hardship.

SCARS is not government funded so relies heavily on the support of our community...our SCARS family. If you are wanting to support SCARs and the valuable work we do for abandoned animals, please consider fostering, adopting, volunteering or donating.



## FUNDRAIS

Are you up for a fun night out testing your general knowledge amongst other animal loving members of the community? Then look no further - The annual Trivia Night for SCARS, presented by Youi is returning on Friday 9 February at the Caloundra RSL. Tickets are \$15 per person for a table of 8 people but bookings are essential through Eventbrite. All Funds raised support cats and dogs at SCARS: https://bit.ly/SCARSTrivia

This is one of our biggest fundraisers for the year and will help us keep giving unwanted cats and dogs the opportunity they deserve for a second chance.





After a wonderful Christmas period with 128 beautiful adoptions for December, we have certainly hit the ground running in 2024. Calls for help from the community and the local Council pound mean we have taken in over 80 cats and dogs from the 1st to the 25th January! We need our community more than ever to consider adopting a rescue cat or dog....

This month we are hoping to find homes for our big dogs. Cruz is 4 year old Great Dane x. He weighs 51kg, so is one of our biggest boys the thinks he is a lap dog and has lived with a cat, a toy poodle, and some teenage kids. Cruz is a clever lad who is toilet trained and has some basic obedience training. We are seeking a forever home for him where he is a part of the family and gets to be inside as well as outside with you. If you are interested in meeting Cruz please pop to the shelter, we would love to introduce you to this lovely gentle boy!

### **Sunshine Coast Animal Refuge**

28 Sippy Creek Rd Tanawha QLD 4556

www.sippycreek.com.au office@sippycreek.com.au (07) 5494 5275









Over 40 years of finding forever homes for Sunshine Coast cats and dogs

#### SUNSHINE COAST CHORAL SOCIETY

2024 will be an exciting year for the Sunshine Coast Choral Society. Not only do we celebrate our 30th anniversary but we also welcome a new conductor, new accompanist and an exciting and varied musical repertoire offering something for everyone.

The Choral Society has a long-standing musical excellence on the Sunshine Coast. Our faithful audiences have enjoyed such musical masterpieces as the 'Requiems' of Mozart and Verdi, Handel's 'Messiah' and the more contemporary 'Carmina Burana' by Orff and 'Requiem' by Karl Jenkins. 2024 is certainly set to continue this tradition.

Our repertoire for this year has been prepared by our new conductor Donna Langford who will team up with accompanist Izack Senbruns. Donna has 25 years' of experience in the music industry as a professional vocalist, both classical and contemporary, and as a singing and vocal coach. Sunshine Coast music lovers may have already witnessed Donna's conducting prowess directing The University of the Sunshine Coast Singers. Izack is currently studying Pharmacy at the University of Queensland. He began his accompanying career with the University of the Sunshine Coast Singers in 2020 and for a young man, he has an extremely mature musical understanding accomplished performance ability.

We launch our 2024 season on Sunday, May 5th (venue to be advised) with a performance of Rutter's 'Magnificat' and Elgar's 'From the Bavarian Highlands'. Contrasting these dynamic works will be the more soothing 'Cantique de Jean Racine' by Fauré and the more up-tempo tunes of 'Joshua Fit the Battle of Jericho' and 'The Saints Go Marching In'. Believe it or not, there is a thread linking all these varied works together.

Our second concert will be held on Saturday September 7th (venue to be advised) and will feature Duruflé's 'Requiem', Lauridsen's 'Lux Eterna' and other vocal delights by Bruckner, Tavener and the ethereal melodies of Latvian composer Erik Esenvalds.

We are always on the lookout for new voices, especially tenor and bass, to join our choral family. So if you are passionate about singing and creating beautiful melodies, whether you're a seasoned singer or just starting your musical journey, there's a place for you in our vibrant and supportive choir.



Join us for our first rehearsal at 6.30pm Wednesday 7th February, at Lakeshore Community Church, 1 Lakeshore Ave Buderim.

No auditions required - just bring your love for singing and be prepared to be a part of something extraordinary.

For further information and to stay up to date with Choral Society performances visit our website: <a href="https://www.suncoastchoral.org.au">www.suncoastchoral.org.au</a> follow us on Facebook or Instagram or phone our President Andrew on 0427 768 067 or Secretary Christine on (07) 54785546.



Andrew - President 0427 768 067

www.suncoastchoral.org.au

## SUNSHINE COAST DEMENTIA ALLIANCE (SCDA)



The Sunshine Coast Dementia Alliance were fortunate enough to have been chosen by MP Brent Mickelberg's office in donating \$500 towards our alliance.

This funding is to continue on with our work of raising awareness for those living with Dementia and for their carers in the Sunshine Coast community.

The SCDA are truly grateful to everyone who has donated to our alliance over the last few months.

#### Christmas Party - Vitality Cafe Meeting.

Thank you to the supporters for donating to our Christmas raffles. This was a huge success and express our gratitude to everyone involved and attending throughout the 2023 year.

Don't miss our February Cafe on the 28th February.











Christine Donohoe Liaison Officer 0407 784 391

www.sunshinecoastdementiaalliance.com.au

#### SUNSHINE COAST QUOTA CLUB

Our first fundraiser for the year will be a Trivia afternoon at the BWMCA hall on the 10th February, commencing 2pm for 2:30 start. Cost \$15 (which includes afternoon tea) Drinks will be available for sale. Please grab some friends, colleagues or family and come along and test out your brain.

#### Share The Dignity

Recently we donated 31 bags to Share the Dignity "It's in the Bag" campaign. Bags, and toiletries were donated to us by Beauty by Rosalind customers and attendees at our pop up lunch. A big thank you to everyone who donated items.









Our club donated a gift voucher to the 4556 Christmas giving tree, Gina attended this event. We also donated 2 gift cards for teenagers for the Mix FM Coast2Bay Housing Group.

If you would like to find out more about our organisation please do not hesitate to contact us either by Facebook or email.

sunshinecoastquota@gmail.com

We meet on the 3rd Wednesday of every month at the Creek Tavern at 6pm.



Lyn Moore - President 0400 086 336 sunshinecoastquota@gmail.com

Facebook: sunshine coast quota

#### TAOIST TAI CHI SOCIETY

Buderim and Sunshine Coast residents have felt the benefits of Taoist Tai Chi classes at the War Memorial Hall for over a decade. Here is what two participants have to say:

#### Tai Chi boosts health and relieves pain

- "Since starting Taoist Tai Chi I have noticed my mind is sharper from the process of learning something new, my back is strengthening and giving me less pain and my balance has improved so much I have noticed it at work and in my surfing. I wish I had started years ago instead of close to retirement." (Mal in Buderim)
- "Since beginning Taoist Tai Chi classes in March 2023 I have noticed that my pain, stiffness, and tenderness especially in my spine have improved to the point where I no longer need pain medication. The most notable improvement has been my flexibility. My hip has improved as indicated by the fact that I no longer wake with pain during the night, and I can straighten my right leg for the first time in years. My confidence has increased with my mobility." (Karen in Ninderry).

A new beginner course will start at the Memorial Hall on Monday 29 January 2024, at 10:30 am. The sessions are suitable for all ages, and designed for brand new beginners to experience Taoist Tai Chi and its many health and meditation benefits. Your first session is obligation-free.

Pre-registration is essential email <u>sunshinecoast@taoisttaichi.org</u> or phone 1800 108 801.

The Society also offers sessions in Caloundra, Eumundi, Maroochydore and Nambour. Visit <a href="https://www.taoisttaichi.org">www.taoisttaichi.org</a> for more information.

The ancient art of tai chi involves a sequence of slow continuous movements which improve balance, flexibility, and well-being. Tai chi works as a moving meditation that helps body and mind to become supple and strong. The Harvard Medical School has stated that 'tai chi is one of the best exercises you can ever do'.

These sessions are offered by the Taoist Tai Chi Society, a not-for-profit, charitable and volunteer organisation founded by Master Moy Lin Shin. The Society has over 50 years' experience in making tai chi available in 25 countries around the world.





Simon Matters 1800 108 801 sunshinecoast@taoisttaichi.org www.taoisttaichi.org

#### WELSH SOCIETY OF THE SUNSHINE COAST Cymdeithas Cymreig yr Arfordir Heulog

#### **WSSC AGM**

The Society held its AGM on Sunday, December 17th at the Birdcage Room in Parklands Tavern, Meridan Plains. The election of officers resulted in the committee for 2024 being appointed.

President: Evan Jenkins
Vice - President: Susan James
Secretary: Emrys Jones
Treasurer: Gerda Owen

The President, Evan Jenkins in his annual report reflected on the year past and summarised that:

- There had been the usual successful annual functions, Saint David's Day commemoration; the Festival of Music and Singing; the Christmas Lunch.
- Members of the Society were involved in the Celtic Council of Australia's (Queensland Branch) Inauguration of the Standing Stones at Moorlands Park, Auchenflower on October 8th. Evan and Grace Roberts attended as members of the CCA (Queensland) committee. Grace was appointed as a Sentinel of the Stones. Evan added that Ceri McCoy and Emrys Jones represented the Cymry contingent by singing two songs in Cymraeg, Môr o Gariad, Yma o Hyd. Emrys performed two poems in English, 'Welsh love letter' and 'The rising of Glyndwr'.
- Evan reported that Christmas wishes were received from and reciprocated to the Manx Society, the Cornish Society, a Welsh Society in New Zealand, and the Welsh Society of Calgary.



#### WSSC Christmas Lunch.

The Birdcage Room at Parklands Tavern was the venue for our Christmas gathering.

The Tombola station was well organised and set up by Susan, Evan and Ray. Again it proved popular with the lucky winners.







Emrys Jones
Secretary
emandmo@bigpond.com

## **BWMCA Affiliate Groups**

#### **Community Groups**

- 4 Paws Animal Rescue Kate Buckley, 0411 806 017
- Buderim Scouts David White, 0449 944 074
- Buderim Library Association Pam Wicks, 5445 3779
- Buderim Men's Shed Barry Cheales 5451 1887
- Buderim VIEW Club Antionette O'Connor 0438 199 674
- Coastal Caring Clowns Dr Robin Redknap, 0458 773 387
- E.J Foote Sanctuary Geoffrey Hole, 0415 265 534
- Sunshine Coast Animal Refuge (SCARS) Penny Brischke 0438 003 521
- Sunshine FM 104.9 Chris Wordsworth, 5450 1049
- Sunshine Coast Dementia Alliance Nicola Brunton, 0423 724 912

#### **Community Support**

- Buderim Foundation Susi Du Toit 0474 220 895
- Buderim Private Hospital Auxiliary Gail Mackenzie 0406 537 290

#### **Religion - Churches**

- St Mark's Anglican Church Meredith Walker 0425 257 999
- Uniting Church, Buderim Patricia Williams
- Hinterland Baptist Church William Fratter 0406 346 093
- Lifepointe Baptist Church Connect Group -Kathy Wendt - 0431 471 554

#### Education

- Buderim Community Kindergarten Lucy Randall 0411 812 884
- Immanuel Lutheran College Lauren Nielsen 5477 3419
- Sunshine Coast Grammar School Drew Miller, 5445 4444

#### **Business**

- 4556 Chamber of Commerce Donna Niazov 0427 179 794
- Bendigo Community Bank Peter Macdonnell
   peter.macdonnell@bendigobank.com.au

#### Cultural & Interest Groups

- 3bCreative Anne Grant, 0400 570 880
- ArtsNational Sunshine Coast formerly ADFAS-Anne Lyon, 0414 907 787
- BATS Theatre Company Alice Rea, 0427 856 680
- Buderim Concert Band Ashwood Matthews 0466 904 310
- Buderim Contract Bridge Sandi Owen 0416 081 576
- Buderim Craft Cottage Jenny Williams, 0421 645 404
- Buderim Garden Club John Lyons, 0448 714 561
- Buderim Historical Society Kevin Briggs, 0488
   021 894 Pioneer Cottage 07 5450 1966
- Buderim Male Choir Barry Leigh, 0436 319 980
- Buderim-Palmwoods Heritage Tramway -Helene Cronin, 5476 9509
- Friends of Maroochy Bushland Botanical Gardens
   Bob Ducrou, 0410 103 262
- Graduate Women Qld Sunshine Coast Sandra Jeffries 0417 629 779
- Moving Forward Sunshine Coast Community Form Inc - Abby Begeta, 0413 618 725
- Oriana Arts Melissa Innes, 0419 258 027
- Sunshine Coast Choral Society Bernice Anderson, 5477 5714
- Sunshine Coast Chamber Music Festival Ralph Devlin, 0413 943 752
- Sunshine Coast Quota Club Lyn Moore, 0400 086 336
- Sunshine Statesmen Barbershop Chorus -Merv Elliot, 5445 2907
- SCArt to Sunshine Coast Art Group (SCArt) Cath Aronsten, 0422 732 837
- Sunshine Coast Welsh Society Susan James 0491 027 156
- The Brahma Kumaris Ashish Gupta 0424 320 764
- U3A Sunshine Coast Dawne Clark 0400 366 616
- Welsh Society of Sunshine Coast Susan Jones 0491 027 156

#### **Ambulance Committee**

 Buderim Local Ambulance Committee – Don Culley, 5445 1871 or Secretary Hayley Mailman 0499 181 901

#### Social Service Clubs & Organisations

- Lions Club Buderim Brian McBride, 0419 367 656
- Order of St John of Jerusalem Knights Hospitaller - Garry Cant, 0412 989 811
- Probus Club of Buderim Inc Ian Conkie, 0409 893 810
- Probus Club of Buderim Mountain Nev Winter, 0408 813 921
- Magnolia Health Inc (Endometriosis) Alice Paine, 0466 329 327
- Response Mental Health Peer Support Adrian Burke, 0435 593 984
- Rotary Club of Buderim Joan Jackson, 0408 644 906

#### Sport & Recreation

- Buderim Billiards and Snooker Club Jeff Pickering, 0439 669 717
- Buderim Contract Bridge Club Claire Torrance, 0449 521 588
- USC Cricket Club formerly Buderim Cricket
   Club Chris Agapow 0417 786 525
- Buderim Firebirds Netball Emma Lendrum, 0411 090 340
- Headland-Buderim Croquet Clive Shepherd, 0417 620 294
- Sunshine Coast Chess Club Chris Koloszar, 0449 914 747
- SC Square Dance Centre Nev McLachlan, 5445 1238
- Taost Tai chi Society Simon Matters, 1800 108 801

#### **BWMCA Executive as December 2023**

- Errol Richardson, President, 0418 884 637, president@bwmca.com.au
- Dougal Pitt, Vice President & Grants, 0456 189 880
- Roxanne Young, Secretary, 0407 869 655 secretary@bwmca.com.au
- John Meckan, Treasurer, 0419 890 042, treasurer@bwmca.com.au
- Steve Budden, Committee Member, 0418 464 026 steve.budden@australianoffroad.com.au
- Steven Cottingham, Committee Member, opomanager@bwmca.com.au

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## Jan 2024

This Newsletter is designed to celebrate Buderim, the Buderim War Memorial Community Association and all of it's Affiliates.

If you have anything you would like to contribute to our newsletter or 'What's On In Buderim', do not hesitate to email the Editor at <a href="mailto:admin@bwmca.com.au">admin@bwmca.com.au</a> by the 24th of the month please.



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